

See Zack and Zoey  
save with Ziglu!

(scan QR code  
for video)



www.ziglu.com

**ziglu**  
real estate  
Brokerage

Highly-rated. Ziglu - Your Real Estate. Your Realtor. Yours.

# PREDICTIONS TO GET YOU PSYCHED

METRO SPOKE WITH TWO PSYCHICS WHO SEE  
A JUICY 2013 FOR SWIFT, BIEBER AND MORE

PAGES 16 & 17

OTTAWA

# metro

metronet

Wednesday, December 26, 2012



## HERE'S WHAT WILL HAPPEN

\*OR YOUR MONEY BACK



**Advisors available at your convenience.  
By phone. In branch. At a coffee shop.**

Call 1-800-769-2511 to talk about your goals  
and how to get there.

RBC Royal Bank®

Advice you can bank on™



® Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ™ Trademarks of Royal Bank of Canada.

# SATURDAY, DECEMBER 29<sup>th</sup> ONLY!

THE REWARDS  
YOU WANT

20X  
faster

**20X**  
THE SHOPPERS  
OPTIMUM POINTS®

WHEN YOU SPEND \$50  
OR MORE†† ON ALMOST  
ANYTHING IN THE STORE.

**FREE**  
*feels good*™



PLUS These **SATURDAY ONLY** Specials†



**3.99**  
EACH



**2.71**  
EACH



**30% OFF\***



**4.99**  
EACH



**1.99**  
EACH



**3.99**  
EACH



**1.49**  
EACH

ROYALE  
2 PLY MEGA (9 Roll), DOUBLE or  
3 PLY ULTRA (12 Roll)  
BATHROOM TISSUE  
Limit 4. After limit 4.99  
Rest of week 4.99

COCA-COLA or PEPSI  
BEVERAGES 12 x 355mL  
Selected Types  
Limit 6. After limit 4.99  
Rest of Week 4.99

REVOLN  
MAKEUP PRODUCTS  
Selected Types  
Rest of week 20% off\*

BOUNCE FABRIC SOFTENER SHEETS  
(70's), TIDE LIQUID LAUNDRY DETERGENT  
(1.18L), PODS (16's) or DOWNY FABRIC  
SOFTENER (1.23L - 1.53L) Selected Types  
Limit 4. After limit 5.99  
Rest of week 5.99

PEPSI or COCA-COLA BEVERAGES  
6 x 710mL  
Selected Types  
Limit 4. After limit 2.99  
Rest of week 2.99

KRAFT  
PEANUT BUTTER 750g - 1kg  
Selected Types  
Limit 4. After limit 4.99  
Rest of week 4.99

CHRISTIE  
COOKIES or CRACKERS  
Selected Types & Sizes  
Limit 4. After limit 1.99  
Rest of week 1.99



**25% OFF\***



**3.99**  
EACH



**1.99**  
EACH



**8.99**  
EACH



**3.99**  
EACH



**199.99**  
EACH

ALL VITAMINS or  
NATURAL HEALTH  
PRODUCTS

BELLE COLOR  
HAIR COLOUR  
Selected Types  
Limit 4. After limit 4.99  
Rest of week 4.99

LIFE BRAND  
PAPER TOWELS 8 Roll  
Limit 4. After limit 2.99  
Rest of week 2.99

MOTRIN (150's), TYLENOL  
EASY OPEN TABLETS or CAPLETS  
Selected Types & Sizes  
Limit 4. After limit 9.99  
Rest of week 9.99

MAYBELLINE NEW YORK  
BABY LIPS, GREAT LASH MASCARA, EXPRESS WEAR  
EYE SHADOW or EYE MAKEUP REMOVER PRODUCTS  
Selected Types  
Limit 4. After limit 4.99  
Rest of week 4.99

Saturday, December 29 **20X THE POINTS**  
that's a \$63\* savings value!  
Selected Types  
While quantities last. No rainchecks.  
Limit 2. After limit 229.99  
Rest of week 229.99  
\* Environmental Handling or Disposal  
Fees Where Applicable

While quantities last. We reserve the right to limit quantities. \*Our Regular Price. †Shoppers Optimum Points® and Shoppers Optimum Bonus Points® have no cash value but are redeemable under the Shoppers Optimum and Shoppers Optimum Plus programs for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. Excludes Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account. ††Offer valid Saturday, December 29, 2012 only. Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account, products that contain codeine, tobacco products (where applicable), lottery tickets, passport photos, stamps, travel tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on Saturday, December 29 only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers.

**SHOPPERS**  
DRUG MART



As the end of the year draws closer, notable Ottawa personalities offer their thoughts on our city's future.

1

**Harley Finkelstein,  
chief platform officer at  
Shopify**

"Traditionally, Ottawa's tech sector has been mostly telecom and hardware. Now — because of technology and the democratization of technology and entrepreneurship — I think what we're going to see in Ottawa, in the future, is a ton of smaller startups, as opposed to five or six huge employers."



METRO OTTAWA STAFF  
ottawa@metronews.ca

5

**Thoughts on  
the future of  
the tech  
sector**

**Adrian Salamunovic,  
cofounder of  
CanvasPop/DNA11**

"I am seeing a groundswell of more creative tech companies as of recently. I think the older Ottawa tech sector is dead, the sort of Kanata-centric telecom switches and Alcatels. I'm not saying those companies are dead; I'm just saying that's not the future, necessarily, of Ottawa. I think we're going to see a shift towards e-commerce, mobile, and creative-type web companies and hopefully more (of) a consumer shift."



5

1  
NEWS

**John Criswick,  
CEO of Magmik**



2

"My main business focus lately is in the game industry and I find the potential and opportunity for growth in that sector in Ottawa to be huge. The future of tech in Ottawa is in those types of creative sectors."

**Luc Levesque,  
founder of TravelPod**



"Telecom will be a big part of the local tech scene for a long time, but the reality is that there's tremendous opportunity, disruption and innovation still to come in both Internet and mobile applications. This isn't a skill set Ottawa's typically known for, but that's changing."

3

**Bruce Lazenby,  
CEO of Invest Ottawa**



"There are three directions from which Ottawa's tech sector will grow: One is from the existing companies as they hire and do more work here. The other way we grow technology here is bringing in players from around the world who are looking to set up new offices here. The third way is by starting new companies and we've been doing that at a record pace."

4

**Dec. 26 to 31  
EXTRA  
EVERYTHING  
IN THE STORE**

INCLUDING REGULAR, SALE, AND CLEARANCE ITEMS.

**20% OFF**

**Apple**  
saddlery  
family owned since 1972

The Lowest  
Ticketed Price



**BIRKENSTOCK**  
Columbia



**KEEN**



**MERRELL**



**BOOGS**



**HUNTER**



**GUINNESS**



[applesaddlery.com](http://applesaddlery.com)  
1875 Innes Road  
613-744-4040

and much more...

# YOU READ IT HERE FIRST: WORLD WON'T END IN 2013, EITHER



**URBAN COMPASS**  
Steve Collins  
ottawa@metronews.ca

If you're reading this, congratulations are in order. You made it! The world didn't end last week after all, as had been predicted by the usual sorts of excitable goofballs.

The apocalyptic assumption that Dec. 21 was the world's best-before date seemed to be based on a corresponding "end date" on the Mayan calendar, which might have indicated nothing more to the ancients than it was time to start chiselling a new calendar.

Not only didn't the end times start, but Ottawa's 2012 could have been much worse. Compare our city-wide upset over modest matters like the Highway 174 sinkhole with the scandal-forced resignations of Laval's and Montreal's mayors — or even the long-running one-man comedy revue that is Rob Ford's Toronto — and tell me which city's problems you'd rather have.

Now that we're over that Dec. 21 hump day, it seems we'll have a 2013 after all. To predict what the year will bring, though, is to ask to be humbled by events just as thoroughly as those December doomsayers.

Still, at city hall, they wisely assumed life would go on next year and drafted a budget, so we know a little bit about the road ahead.

Property taxes will continue their slow, steady rise with the smallest increase in six years — if you don't count a hefty hike in property assessments, which will still increase the total many of us pay; an expected seven per cent increase in water rates for 2013, an area excluded from Mayor Watson's 2.5 per cent cap; or the eventual cost of the borrowing that helps keeps those tax rates down.

The low-increase trend is likely to continue next fall when council hashes out its election-year budget. But as always in municipal politics, many cards are in the hands of other levels of government.

A provincial election seems entirely likely in 2013 and that could fry some of Ottawa's best-laid, carefully budgeted plans, especially if a

change in government threatens the continued uploading of social-service costs from the city's books through 2018. The measure is supposed to provide a collective \$1.5 billion in budgetary breathing room for Ontario municipalities, of which they are relying on every cent.

The deficit-haunted provincial government has already announced it will take a bite out of some social-assistance benefits in 2013, and even with an emergency reshuffle of funds in Ottawa's budget to blunt the impact of the cuts, it's still going to be \$2.2 million harder to be poor in the nation's capital.

There's uncertainty, too, at the federal level. The \$33-billion Building Canada Fund, emergency surgery for our cities' chunky infrastructure, expires in 2013. The cities are angling for a new agreement — prominently featuring more money — but the feds aren't exactly feeling awash in cash, either.

In the meantime, the chances of another dramatic infrastructure failure here in 2013, like 2012's sinkhole or 2011's water-main collapse at Hunt Club and Woodroffe, remain reasonably good.

As we scramble to keep our old pipes and roads functioning, we'll also get moving, finally, on light rail.

If all goes as planned with the latter (always a sizeable "if") construction should begin on the first phase of the system. Similar cautions should be attached to its 2018 completion date and \$2.1-billion price tag, both of which are potentially subject to red-faced revision at a later, wiser date.

OC Transpo will also attempt to relaunch the Presto fare-payment system in February, six months after July's aborted debut. We'll see whether glitches with the bus-board units have been fixed, and how well they operate in winter.

Calgary, frustrated by multiple failures of their similar Connect system, is actually ripping units out of their buses and trains. We'll hope to avoid such spasms of buyer's remorse here.

One confident prediction: The world won't end in 2013, either. Whether I'm right or wrong, it's literally the last thing you'll have to worry about.



Congratulations, Ottawa! You survived the end times supposedly predicted by the Mayan calendar. JOERN HAUFF/GETTY IMAGES

Metro asks: What's your prediction for 2013?



**Lis McMillan,  
21, Halifax**

"It will probably be a lot like (2012). Cold in the winter. Warmer in the summer. Probably a couple superstorms."



**Helen Litam, 23,  
Richmond, B.C.**

"No more (MTV's) 16 and Pregnant people."



**Katrina Lat,  
20, London**

"Walt Disney will be removed from his current cryogenically frozen state, and brought in to help direct Star Wars: Episode 7."



**Ali Hancharyk,  
27, Winnipeg**

"2013 will see popular music deteriorate to the point of solely consisting of just beeping noises and laser sounds."



**Lorissa Good,  
37, Calgary**

"Same-sex marriages will be allowed in more U.S. states once they realize how much money gay people spend on parties."



**Kevin Kirovac,  
43, Edmonton**

"I predict a female, black Prime Minister for the country. It would shock everybody." (Ed's note: shocking since there's no federal election in 2013.)



**Pat Mallough,  
23, Saskatoon**

"We're going to complain about the weather ... gas prices are going to go up, gas prices are going to go down."



**Jon Poulin,  
28, Regina**

"The States legalizing marijuana. And I am excited to see how that would affect our view of things here in Canada."



**Jeff Brodawka,  
38, Toronto**

"There will actually be a more steady growth and a little bit more of a quiet confidence about the economy."



**LOSE WEIGHT, FEEL GREAT IN 2013  
BOXING WEEK SPECIAL**

**GoodLife  
FITNESS.**

The good life. Made easy.

**YOUR NO JUDGEMENT® CLUB**

**EveryBODY Welcome Here**

**START YOUR GOODLIFE TODAY**

**NO MONEY DOWN  
NO ENROLMENT!\***

(ON A 1 YEAR MEMBERSHIP)

**18 Clubs Across the Ottawa & Orleans Area**

**1-800-597-1FIT** (1348)

**goodlifefitness.com**

\*Based on the purchase of a 1 year membership. Bi-weekly payments will commence based on your start date. Applicable tax applies. No additional fees are required above the regular membership fee. Membership fees vary based on club and the selected membership option chosen. Offer valid at participating locations only. Please check goodlifefitness.com or with club for hours of operation. Other conditions apply, see club for details.



authorized dealer

**BELLEVILLE**324 North Front St.  
(613) 969-0120**BROCKVILLE**2399 Parkdale Ave.  
(613) 345-3161**CORNWALL**Cornwall Square  
(613) 936-2083**GLOUCESTER**Gloucester City Centre  
1980 Ogilvie Rd., Unit 136  
(613) 842-7285**KANATA**Hazeldean Mall  
(613) 271-1153Kanata Centrum  
Shopping Centre  
(613) 599-9690**KINGSTON**Catarquini Town Centre  
(613) 634-9897Kingston Centre  
(613) 546-6043122 Princess St.  
(613) 549-0315**NEPEAN**130 RioCan Ave.  
(613) 823-9240**ORLEANS**2020 Lanthier Dr., Unit E2  
(613) 590-0289**OTTAWA**901 Carling Ave.  
(613) 238-7533104 Bank St.  
(613) 230-02021465 Merivale Rd.  
(613) 224-9222205 Richmond Rd.  
(613) 724-26741719 St. Laurent Blvd.  
(613) 276-8585**PEMBROKE**670 Pembroke St. W  
(613) 732-16021100 Pembroke St. E, Unit 210  
(613) 732-16023435A Petawawa Blvd.  
(613) 732-1492**ROGERS plus****NEPEAN**  
Bayshore Shopping Centre  
(613) 726-7665**OTTAWA**  
2121 Carling Ave., Unit 87  
(613) 798-19461200 St. Laurent Blvd., Unit 248  
(613) 746-854650 Rideau St., Unit 327C  
(613) 232-4800110 Place D'Orleans Blvd., Unit 290  
(613) 590-22372289 Riverside Dr., Unit 44  
(613) 737-2071**BELLEVILLE**690 Bank St.  
(613) 668-5499**Quinte Mall**

(613) 969-2130

# The incredible iPhone 5 at an incredible price.



**\$79<sup>00</sup>\***  
with a 3-yr.  
FLEXtab™  
agreement  
on select plans

**\$699<sup>00</sup>**  
no term

**iPhone 5**

The iPhone 5 deserves the fastest LTE network in Ottawa.<sup>1</sup>

**ONE MONTH FREE<sup>2</sup> + NO ACTIVATION FEE<sup>3</sup>**  
ON ANY TERM PLAN  
**ENDS DECEMBER 31<sup>st</sup>**

Available to new and existing customers. Visit your local Rogers retail store today.

CONNECT EXCITING TALK SHARE RELIABLE NETWORK CHAT  
TALK FRIENDS LIFE TEXT FIRST FAST CONNECT  
CHAT ACCESS FREEDOM EXCITING

**ROGERS™**  
authorized dealer

**ROGERS™ plus**

**ROGERS™**

Offers available for a limited time and subject to change without notice. \*With new activation on any 3-yr. voice and data plan having min. \$45 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and Additional Device Savings Recovery Fee. <sup>1</sup> Based on tests comparing download speeds on the Rogers LTE network vs. Bell and Telus' LTE networks within Rogers LTE coverage area. LTE SIM card activation on an LTE plan required. Actual experienced speeds depend on the network spectrum and technical specifications of the device used and may vary based on topography and environmental conditions, network congestion and other factors. <sup>2</sup> Available with new activation or hardware upgrade on any eligible term plan. For early upgrades, FLEXtab balance or Early Upgrade Fee (as applicable) will apply. First month free applies to monthly service fee only and excludes additional airtime, data, long distance, roaming, options and taxes. Will be applied as a credit on customer invoice in month 2 or 3, following activation. <sup>3</sup> One-time Activation Fee of up to \$35 (varies by province) waived for new activations prior to December 31, 2012. Hardware Upgrade Administration Fee waived for existing customers who upgrade prior to December 31, 2012. For early upgrades, FLEXtab balance or Early Upgrade Fee (as applicable) will apply. TM and © 2012 Apple Inc. All rights reserved. <sup>™</sup>Rogers & Mobius Design and FLEXtab are trademarks of or used under license from Rogers Communications Inc. or an affiliate. Other brand names & logos are trademarks of their respective owners. ©2012 Rogers Communications Inc.

# Wacky weather on tap for 2013

**Environment Canada.** Climatologist predicts new year will bring another active hurricane season — following a trend of the past 3 years

 **PHOEBE HO**  
For Metro in Toronto

Mother Nature has another warm and wacky year on tap for 2013, says Environment Canada.

With the destructive Superstorm Sandy barely off our radars, senior climatologist David Phillips predicts there's more to come.

"I think there'll be weird, wild and wacky weather," he says. "We live in a planet of extremes. It's not just sandstorms in the Middle East — it could be blizzards in Edmonton. We know on a planet of extreme weather. There's no utopia."

Phillips warns Canadians to expect "more hiccups, more body blows when it comes to weather, 'cause we've seen that and there's nothing to suggest that trend will change."

One of the big indicators is



A stop sign stands askew after being blown by Hurricane Isaac on Aug. 29 in New Orleans. Environment Canada climatologist David Phillips predicts 2013 will follow a similar weather pattern as was seen this past year. JOHN MOORE/GETTY IMAGES

the ongoing weather trends. The world has been in an active weather period for the last two decades, says Phillips, especially the last three years, which have seen 19 tropical storms each. With El Nino — a global

climate pattern associated with the warming of the surface water in the Pacific Ocean — hanging on in 2013, creating not just warm weather but also favourable winds, Phillips says, next year will likely be another

active hurricane season.

"The world is warmer, and when you get the warm world, you get more powerful weather," he says.

While he can't predict exactly how many storms 2013 will

bring about, Phillips says one thing's for sure: Don't expect things to cool off in Canada or anywhere else in the world.

The last time the world encountered a colder-than-normal year was 35 years ago,

according to Phillips. Judging from the weather trends, El Nino and the vanishing Arctic ice, he says, it's safe to say it will be another warm year.

"Stick a thermometer in the planet — you're seeing global fever," he says. "I'd be the most surprised person on this planet if in fact it showed that the world is colder than normal.... And as the world goes, so goes Canada. We represent a lot of real estate of this planet."

But whatever happens, Phillips believes Canadians are ready for anything mother nature has in store for this weather-proofed nation.

"Canadians are all expert weather people. We can't get enough weather," he says. "What will we talk about if we didn't have the weather to talk about?"

## Quoted

**"We live in a planet of extremes....  
We know on a planet of extreme weather, there's no utopia."**

David Phillips, senior climatologist with Environment Canada

JONES NEW YORK  
**BOXING DAY DOOR CRASHERS  
 SAVE UP TO 80%**  
 ON THE ORIGINAL PRICE\*  
**PLUS, SAVE 70% ON EVERYTHING IN STORE! \*\***

2 DAYS ONLY! DECEMBER 26TH-27TH



KANATA 613.270.9766 | MERIVALE 613.723.8080 | ORLEANS 613.590.0777 | KINGSTON 613.545.7878

\*Select styles. \*\*Applies to the original price. Some restrictions may apply. See in store for details.

*Boxing Day offers start early at thebay.com on December 25*

Wed., December 26 only

# BOXING DAY SALE UP TO

# 70% OFF

**WHEN YOU TAKE AN EXTRA  
40% OFF CLEARANCE**

- women's, men's and kids' fashion
- women's and men's sleepwear, robes, footwear and accessories
- women's intimates and hosiery
- men's underwear and socks
- fashion and sterling silver jewellery
- women's handbags, wallets and sunglasses
- luggage

Off our last ticketed prices.

## STORES OPEN EARLY

*Boxing Day Wednesday, December 26 at 8 a.m.,  
except Queen Street and Mapleville which opens at 7 a.m.  
Check thebay.com for local listings.*

**70% OFF**  
All Christmas decor  
trees, trim, indoor and outdoor  
lights, cards and wrap

**60% OFF**  
Sleepwear and robes  
for women, men and kids  
See below for exclusions.  
*Shop thebay.com*

**60% OFF**  
Outerwear  
for women, kids and babies  
In our outerwear department. Off our regular  
prices. See below for exclusions.  
*Shop thebay.com*

**50% OFF**  
Selected winter boots  
for women  
See store for details.  
*Shop thebay.com*

## SAVE UP TO \$1580 ON MATTRESS SETS

**Wednesday, December 26 to Thursday, January 3.** Includes free delivery and set-up.



*Shop thebay.com*

[twitter.com/thehudsonsbayco](http://twitter.com/thehudsonsbayco)

[facebook.com/hudsonsbaycompany](http://facebook.com/hudsonsbaycompany)

[pinterest.com/TheHudsonsBayCo](http://pinterest.com/TheHudsonsBayCo)

[b-insider.com](http://b-insider.com)

**the** **Bay**

Women's clearance intimates exclude Diesel. Women's clearance fashion excludes The Room, Diesel, Not Your Daughter's Jeans, Topshop, Wallis, Evans and Dorothy Perkins. Women's clearance accessories, handbags and wallets exclude Coach and Cole Haan. Clearance jewellery excludes Coach and Swarovski. Men's clearance fashion excludes Michael Michael Kors, White Space, Contemporary, Premium Denim, Diesel, 55DSL, Armani Jeans, Scotch & Soda, G-Star, Superdry, English Laundry, Bench, Lacoste, Diesel, The West End Shop, Prestige, Black Brown LUX cashmere and items with 99¢ price endings. Men's clearance underwear, sleepwear and robes exclude Diesel underwear and Hugo Boss. Men's clearance accessories exclude Coach, Polo Ralph Lauren, Hugo Boss, Lacoste, Tumi and Diesel. Men's clearance footwear excludes Zegna and Hugo Boss. Women's sleepwear and robes in our sleepwear and robes departments exclude Calvin Klein, New Spring Arrivals and items with 99¢ price endings. Men's sleepwear and robes exclude Calvin Klein, Diesel and Armani sleepwear and items with 99¢ price endings. Kids' sleepwear and robes exclude items with 99¢ price endings. Women's outerwear excludes New Spring Arrivals and items with 99¢ price endings. Kids' and babies' outerwear excludes Ralph Lauren Childrenswear, Juicy Couture, Guess, Diesel and Armani Junior.



# The future of endangered species

## The losers

### Narwhal

Narwhals, called the "Unicorns of the sea" due to their long, sharp tusk, feed deep under packed arctic ice, which provides them shelter from predators. Less ice means less defence.



With 2012 seeing the largest mass of summer ice melting in the Arctic in modern history, it's no surprise experts predict more of the same for 2013.

The melting ice has implications for some of Canada's most threatened species. Metro spoke with World Wildlife Fund scientist and researcher Pete Ewin, who said there will continue to be winners and losers in the global-warming species game.

EISHA DACEY  
Metro in Winnipeg

### Polar bears

Polar bears are hugely dependent on sea ice for their food supply. Less ice means fewer chances of fattening up on ringed seals, their primary food, which keeps them nourished the rest of the year around. Ewin said polar bears will eventually be found only further north, and have been eating more seaweed and kelp in recent years to keep their bellies full.

## The winners

### Killer whales

Considered a threatened species, killer whales are making a comeback in areas with warmer temperatures and warmer waters. Warmer waters in the north mean killer whales will be found with more frequency in northern climates.



### Ringed seals

Warmer waters and less ice mean fewer resting places for the ringed seal. Ringed seals usually pup on large ice floes and spend most of their lives in contact with ice or icy waters. Smaller ice floes keep these solitary animals from spreading out like they're used to doing.

### Other seals

The decline of the ringed seal will mean more food for other types of seal. Harp seals, which like colder waters but not ice, may move in, affecting the diet of other animals and the Inuit, many of whom rely on ringed seals for food.

### Some salmon

Different species of salmon used to warmer waters will start to replace others. This will also bring killer whales closer, as their primary food source is salmon.

## BOXING DAY SPECIALS DECEMBER 26th, 2012 ONLY

- All Duvets      Additional **\$20.00 off\***  
\*Exc. Promo Poly Duvets
- Cozy Throws      from **\$14.99 ea**
- Quilt Sets      from **\$19.99**
- Promo Pillows      2 for **\$17.98**
- Printed Sheet Sets      from **\$14.99**
- Promo Poly Duvets      any size **\$19.99 ea**

Quiltsetc®  
take comfort home

CARLINGWOOD MALL  
613-722-6800 | www.quiltetc.com

**PALACE FURNITURE GALLERY**  
A TOUCH OF ELEGANCE

**Don't Pay the HST on Everything in the Store**

**BOXING WEEK SALE!**

**Sale ends December 31, 2012. This offer cannot be combined with any other promotion.**

**Take 24 months to pay interest free O.A.C.**

Visit store for huge selection of bedroom, dining and living room furniture.

401 Coventry Road at Belfast  
**613.746.9900**

Monday-Friday: 11am - 8pm; Saturday: 10am - 6pm; Sunday: noon - 4pm

Map showing store location at 401 Coventry Road, Belfast, near Best Buy and St. Laurent Shopping Centre.

# 10 things forecast to happen in 2013



Obama's second inauguration will see yet another inspirational speech by the President, but can he inspire the U.S. economy to recovery? GETTY IMAGES

## Jan. 21: Four more years

Barack Obama is sworn in for a second (and final) term as President of the United States. Inauguration Day begins with a church service, after which the President and his family travel to



Capitol Hill, where the Chief Justice of the Supreme Court will administer the oath. Obama will then deliver his Inaugural Address. The day ends with inaugural balls.

## Feb. 10: Year of the Snake

Chinese New Year begins the Year of the Snake. According to Chinese astrology, a person born in the Year of the Snake is very wise and can be a theologian, as well as a smart banker. She also has good taste in food and fashion but is not frivolous. Sounds like a good year to have babies.

## March 20: UN says be happy



First-ever International Happiness Day. The day, sponsored by the UN, is the latest move towards establishing happiness as a key factor in comparing nations. A number of countries, including Britain, now have official National Happiness indexes. The Smiley emoticon, meanwhile, celebrated its 30th birthday in September 2012.

## March 21: Closure of Alcatraz, 50 years ago



Will Sean Connery be back? Fifty years ago, Alcatraz closed. The world's most famous prison (known as 'The Rock') housed America's most infamous prisoners, including Al Capone. Thirty-six escape attempts were made from the prison island, but none are known to have succeeded. Sean Connery's character in the movie, The Rock, succeeded, however.

## June 14: Open race in Iran election



Iran holds presidential elections. Firebrand Mahmoud Ahmadinejad has served two terms as President and is ineligible to run again. So, the race is wide open, with analysts reading the tea leaves to see which candidate Supreme Leader Ayatollah Ali Khamenei will support. The outcome of the election will be closely watched by the world as Iran is currently on a confrontational course with the international community over its nuclear program.

## June 29: Ready, steady, cycle



Another victory for the Iron Chancellor? Germany goes to the polls in parliamentary elections. While Angela Merkel remains popular in terms of personality, her coalition government may

The Tour de France begins today, dramatically scrubbed of the memory of Lance Armstrong, who's been stripped of his seven Tour wins over doping allegations. Bradley Wiggins, the Brit who won the race in 2012 and the 2012 Olympic gold in the road time trial, has turned down the chance to defend his title, agreeing instead to support his team-mate Chris Froome's bid for glory.

## July 1: EU welcomes Croatia



Croatia becomes the 28th member of the European Union. Its neighbour and on-and-off foe, Serbia, is still negotiating membership. And Turkey will make a renewed push for EU membership starting on this date, when Lithuania takes over the rotating EU presidency.

not survive the election, as the Liberal Democrats, the junior partner, are languishing at 4 per cent of the vote in polls. Merkel's CDU gets 36 per cent, compared to 30 per cent for the Social Democrats. The Pirate Party is also running, as are the Greens.

## Nov. 14: Charles turns 65



Even though he's now retirement age, heir to the British throne Prince Charles may have to wait for yet some time to become King. At age 86, his mother, Queen Elizabeth II, remains in good health. The Queen's mother lived to be 101 years old.

## Nov. 22: JFK remembered



50th anniversary of the assassination of U.S. President John F. Kennedy. JFK was killed

by gunshots while visiting Dallas. Lee Harvey Oswald, an American who had moved to the Soviet Union, was arrested, but was killed by nightclub operator Jack Ruby before he could stand trial. Mystery still surrounds JFK's murder. The anniversary will be commemorated in Dallas.

ELISABETH BRAW/METRO WORLD NEWS

## Small prices. Big news.



### 2013 Jetta

LEASE FROM  
**\$168** PER MONTH FOR  
36 MONTHS\*  
**\$0** DOWN PAYMENT **\$0** FIRST MONTH'S PAYMENT\*\*



### 2013 Tiguan

LEASE FROM  
**\$298** PER MONTH FOR  
48 MONTHS\*  
**\$0** FIRST MONTH'S PAYMENT\*\*

**Volkswagen**   
de l'Outaouais

850 St-Joseph blvd., Gatineau (Hull sector)

Only 5 minutes from Downtown Ottawa

819-770-0220 • vwo.ca

\*Interest rate lease offer available through Volkswagen Finance, an approved credit, based on a non-accrual unguaranteed 2013 Jetta TDI / 2013 Tiguan 2.0T base model with 5-speed manual transmission. \$1,000.00, \$125 and PDI included in monthly payment. 36-48 month term. \$95,244.41 down payment or equivalent trade-in. \$22,000 security deposit, \$100 air conditioning levy, if applicable, and amount exceeding the \$40,000.00 maximum amount unpaid at end of first month's payment, if applicable, due at lessor's option. 0.00%/\$0.00 down payment plus no charge of up to \$2,000.00 per car for annual insurance. Insurance, registration, registration fees of up to \$400 to the PDP/PDI, duties on new items, options and applicable taxes are extra. MSRP of the lease model: \$16,399.99/2013 Jetta TDI; \$21,299.99/2013 Tiguan model. TDI: Coast Edition and Jetta GLI exclude. Volkswagen Finance, an approved credit or select lease and unguaranteed 2013 Jetta / 2013 Tiguan models (TDI: Coast Edition and Jetta GLI exclude) excluded up to a maximum of \$400,000.00 (excluding taxes). Dealer may lease for less. Dealer participation may be necessary. 2013 Jetta Tiguan GLI as shown is \$25,488. 2013 Tiguan Coastline 2.0T with Export Package as shown is \$26,185. Some features may be optional on some models and available at additional cost. Offers end January 1, 2013 and are subject to change or cancellation without notice. Work w/xx at your Volkswagen dealer for details. Vehicles may not be exactly as shown. "Volkswagen", the Volkswagen logo, "Tin-Auto & Design", "Jetta" and "Tiguan" are registered trademarks of Volkswagen AG. © 2012 Volkswagen Canada.



Hurry, offer ends Dec. 31.

# Get it before it's gone



Samsung  
Galaxy S III™ 16 GB

\$0\*  
SALE  
\$650  
no term

On a 3 year term with a \$50  
monthly spend before tax.

Purrrfect with our Unlimited Talk & Family Share plans.  
Learn more at [telusmobility.com/SIII](http://telusmobility.com/SIII)

 TELUS®

For more details, visit your TELUS store, authorized dealer or retailer, or call 1-866-264-2966.



TELUS STORES & AUTHORIZED DEALERS

Kanata  
Kanata Centrum Walk

Nepean  
Chapman Mills Marketplace

BLACKS

Orleans  
Place D'Orleans  
4312 Innes Rd

FUTURE SHOP

Ottawa  
Bayshore Shopping Centre  
Billings Bridge Shopping Centre  
Carlingwood Shopping Centre

IMOBILESHOP

Ottawa Office Tower  
Rideau Shopping Centre  
St Laurent Centre

100 Trainyards Dr  
424 Catherine St  
1255 Coldrey Ave

Walmart

1568 Merivale Road  
2160 Montreal Rd  
2950 Bank St

Stittsville

\*Offer available until December 31, 2012. Regular 3 year pricing: Samsung Galaxy S III 16 GB, \$159. Prices are subject to change without notice. Pricing and availability may vary. TELUS, the TELUS logo and telusmobility.com are trademarks of TELUS Corporation, used under licence. Samsung and Samsung Galaxy S III are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. © 2012 TELUS.

These countries make headlines around the world. They face civil unrest, displaced civilians, and even the possibility of nuclear war. Metro asked Matt Ferrell, a political-science professor at Fanshawe College in London, Ont., to help predict what the world's newsmakers might look like in 2013. Here is a brief look at some of the world's hot spots and the possibilities they might meet in 2013.

ANDREW SERCOMBE  
For Metro

## Syria

**What is the issue?** Between 2.5 million and three million people have been displaced by civil conflict that erupted in March 2011.



**Future best-case scenario:** Current Syrian leadership steps down, allowing oppositional groups to coalesce and put together a functioning government.

**Future worst-case scenario:** Civil conflict continues and escalates. Russia and China, who support the leadership in Syria, stall international intervention and protect the current Syrian government.

**Probable scenario:** With the support of Russia and China, the Syrian government continues a war against oppositional groups, stalling the country's development and its aid to displaced citizens.

## Libya

**What is the issue?** Militia groups are overrunning a dissolving central government.

**Future best-case scenario:** Civil society triumphs. The central government is able to reinstate its power, and the country is able to restore democracy in place of the extremist groups.

**Future worst-case scenario:** Factionalism persists and internal conflict between the many mini-governments fighting the central government destroys the country.



**Probable scenario:** Civil unrest continues as militia groups struggle for power with the central government.

# 5 hotspots to watch in 2013

## Iran

**What is the issue?** Iran's pursuit of nuclear weapons could provoke an attack from Israel.

**Future best-case scenario:** Diplomatic resolution.

**Future worst-case scenario:** Israel launches pre-emptive nuclear strike against Iran. The United States — Israel's main supporter — is forced to become involved.



**Probable scenario:** Iran's military continues to possess more political control than the country's government. Iran continues to pursue nuclear weapons despite an international push for more sanctions.

## Afghanistan

**What is the issue?** Security in the country is very poor. Afghanistan's government struggles to protect civilians from military conflict between American forces and the Taliban.



**Future best-case scenario:** The United States removes troops from Afghanistan by 2014, and the government is left stable and functioning.

**Future worst-case scenario:** Conflict continues between the Afghan military and Taliban. The government dissolves, and Pakistan enters the conflict, supporting the Taliban.

**Probable scenario:** The United States will withdraw in 2014. Afghanistan will be left a divided country. On paper the mission will appear a success, but in reality the country will still suffer from conflicting factions.

## North Korea

**What is the issue?** Too much of the North Korean government's budget is invested in the military, rather than infrastructure development, leaving the country with a low domestic product.



**Future best-case scenario:** China acts as peacemaker between North Korea and South Korea. North Korea installs more moderate leadership.

**Future worst-case scenario:** The conflict between North Korea and South Korea escalates, forcing international intervention.

**Probable scenario:** New North Korean leader Kim Jong Un continues the policies of the past.



## CHRISTMAS SPECIAL!

### SILVER DETAILING PACKAGE

REG \$219<sup>99</sup>

Now until Jan 2nd:

**\$179.99**

INCLUDES: Full hand wash; interior vacuum and shampoo; fabric/leather treatment; complete interior detail; gem gloss wax

CHECK OUT OUR WEBSITE FOR MORE DETAILS AND SPECIAL OFFERS!  
25 Edgewater St, Kanata • 613-836-2525 • spartanautocare.ca

### KANATA'S #1 DESTINATION FOR:

Auto Detailing  
Paintless Dent Removal  
Rustproofing



**DERAND**  
1231 New Market St., Ottawa | 613-563-0029 | [www.DERAND.com](http://www.DERAND.com)

**VIPER**  
CAR STARTERS  
NOT EXACTLY AS SHOWN  
INSTALLATION AND FEATURES EXTRA  
FROM  
**\$69.95**  
CASH & CARRY  
(PLUS TAX)

WINDOW TINTING  
X-MAS SPECIAL  
**NOW \$139.95\***  
ANY SHADE!

REG PRICE: \$199.95  
SAVE \$60 WITH THIS AD  
INCLUDES LIFETIME WARRANTY  
SALE ENDS JAN 2, 2013

\*REGULAR VEHICLES  
ONLY NO LIMOS,  
RVS, ETC.



Offers extended to January 2<sup>nd</sup>, 2013!



# WRAP YOURSELF IN A MAZDA HOLIDAY EVENT

**0% PURCHASE FINANCING<sup>†</sup>** + **NO PAYMENTS FOR 90 DAYS<sup>‡</sup>**

+ **WIN YOUR PURCHASE\***

ON ALL 2012 AND 2013 MODELS

2012 MAZDA3 GX with Air Conditioning

Finance from  
**\$99<sup>††</sup>**  
bi-weekly  
AT **0% APR** FOR **84 months**



With \$1,050 down. All-in from \$19,145. Excludes HST.

HURRY! LIMITED QUANTITY\*\*

MOVE UP TO 2012 MAZDA3 GS-SKYACTIV

For **\$11<sup>††</sup>** more bi-weekly AT **0% APR** FOR **84 months**  
With \$1,050 down. All-in from \$21,151. Excludes HST.

## SKYACTIV TECHNOLOGY

Delivering up to 1,000 km per tank of gas.\*

- Bluetooth® hands-free phone system
- Heated front seats
- Automatic on/off headlights
- Rain-sensing wipers

2012 MAZDA5

Finance from  
**\$129<sup>††</sup>**  
bi-weekly  
AT **0% APR** FOR **84 months**



With \$495 down. All-in from \$23,995. Excludes HST.

2012 CX-9 AWD

Finance from  
**\$206<sup>††</sup>**  
bi-weekly  
AT **0% APR** FOR **84 months**



With \$1,950 down. All-in from \$39,495. Excludes HST.

2013 MAZDA6

IN SHOWROOMS NOW!

Finance from  
**\$144<sup>††</sup>**  
bi-weekly  
AT **0% APR** FOR **84 months**



With \$1,050 down. All-in from \$27,295. Excludes HST. Plus get \$1,000 Owner Loyalty Cash\*

2013 CX-5 with SKYACTIV TECHNOLOGY

IN SHOWROOMS NOW!

All in from  
**\$24,995<sup>†</sup>**  
Excludes HST.

5.7 L/100 km  
50 mpg<sup>†</sup>



GT model shown

ONLY AVAILABLE AT YOUR MAZDA DEALER. VISIT [MAZDA.CA](http://MAZDA.CA) FOR MORE DETAILS.

WHAT DO YOU DRIVE?

zoom-zoom

SCAN TO FIND YOUR NEAREST MAZDA DEALER



†0% APR Purchase Financing is available on all new 2012 and 2013 Mazda vehicles. Terms vary by model. Based on a representative agreement using an offered pricing of \$23,995 for the new 2012 Mazda5 GS (E6SD62AA00) with a financed amount of \$20,000, the cost of borrowing for an 84-month term is \$0, monthly payment is \$238.00. Total finance obligation is \$238,000. QNo Payments for 90 Days (payment deferral) offer is available on all new in-stock 2012 and 2013 Mazda models and only applies to purchase finance offers on approved credit. No interest will accrue during the first 60 days of the finance contract. After this period interest will begin to accrue and the purchaser will repay the principal and interest monthly over the term of the contract. Offer period December 1st, 2012 - January 2nd, 2013. \*No purchase necessary. Closes Jan 2/13 at 11:59 p.m. ET. Open to legal residents of Canada (age of majority). Earn one entry with the purchase, finance or lease of a new 2012/2013 Mazda vehicle from a participating authorized Mazda dealership in Canada. One prize available in each of the following regions: (i) West (BC, YK); (ii) Prairies (AB, SK, MB, NWT); (iii) Central (ON, NV); (iv) Quebec (QC); and Atlantic (NFLD, NB, NS and PEI). Each prize consists of a reimbursement of the value of the vehicle purchased (inclusive of fees and taxes) - up to a maximum of \$30,000 CAD. Skill-testing question required. Odds depend on number of eligible entries. Full rules (including no purchase entry details) at [www.mazda.ca](http://www.mazda.ca). †Finance Pricing for new 2012 Mazda3 GX w/AC (D4SX52AB00)/2012 Mazda3 GS-SKY (D4SK62AA00)/2012 Mazda5 GS (E6SD62AA00)/2012 CX-9 GS AWD (QXSB82AA00)/2013 Mazda6 GS-14 (G4Y83AA00) is \$19,145/\$21,151/\$23,995/\$39,495/\$27,295. \*Please note: there are nine 2012 Mazda3 GX w/AC (D4SX52AB00) models available in Ontario as of the start of this promotion. ▲Based on highway driving only. ♦Mazda Owner Cash Offer is available to returning Mazda owners and applies to all new 2012 and 2013 Mazda6 models and may be combined with all other current retail offers. No cash surrender value. See dealer for complete details. △Offered Pricing for new 2013 CX-5 G (NVXK63AA00) is \$24,995. As shown. Offered Pricing for 2013 CX-5 GT AWD (NXTK83AA00) is \$34,850. All offers include freight/P.D.E. and fees. Offers exclude HST. #5.7 L/100 km (50 MPG) Highway/7.8 L/100 km (36 MPG) City - Based on ENERGUIDE Fuel Consumption Rating for the 2013 CX-5 with 6-speed manual transmission. These estimates are based on Government of Canada approved criteria and testing methods. Actual fuel consumption may vary. MPG is listed in Imperial gallons. PPSA, licence, insurance, taxes and down payment are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid December 1st, 2012 - January 2nd, 2013 while supplies last. Offers subject to change without notice. Visit [mazda.ca](http://mazda.ca) or see your dealer for complete details. ® Bluetooth is a registered trademark of Bluetooth SIG, Inc.



# THE SAFE WAY TO GO



**FREE New Year's Eve service  
after 8 p.m.  
sponsored by**



**Safer Roads Ottawa | Sécurité des routes Ottawa**  
Toward Zero | Vers zéro



**madd\***  
Ottawa



**INFO 613-741-4390 [octranspo.com](http://octranspo.com)**

# 10 people to watch in 2013

## William and Kate

With a baby on its way in the summer, the royal couple will dominate the news throughout the winter and spring. Indeed, since celebrity babies are manna from heaven for the media, they'll dominate the news throughout the year. And they'll single-handedly keep tabloids afloat, not to mention the bookmakers, who are already reporting a betting frenzy on the baby's name. Top odds so far are for Mary, Elizabeth, Victoria, John and George.



## Rupert Murdoch

The "Dirty Digger" has had a rough time as of late. Britain's hacking scandal forced him to publicly apologize — and close his News Of The World tabloid. And now he has closed his tablet newspaper, The Daily. But the 81-year-old is used to punching back.



## Sepp Blatter

With racism and corruption in soccer presenting an ever-growing problem, the most powerful man in world sports is under scrutiny. And with the 2014 World Cup in Brazil around the corner, Blatter has to act soon to clean up the tame's ugly image.



## Vladimir Putin

Never one to stay out of the public eye, the Russian president has surprised the public by not staging any recent photo shoots. Watchers debate whether he's suffering from serious illness. Or, having recently fired two government ministers, is he simply busy cleaning up the country's corruption?



## Arthur Mutambara

The new Mugabe? In March, Zimbabwe holds parliamentary elections — and if they're free and fair, voters are likely to boot out veteran leader Robert Mugabe. People may turn to Mutambara and his party, the Movement for Democratic Change-Mutambara faction.



## Peer Steinbrück

The anti-Merkel. German Chancellor Angela Merkel needs an opponent in the parliamentary election, so the Social Democrats have recruited veteran government minister Steinbrück. And, given that Merkel's coalition is down in the polls, Steinbrück could become Germany's next chancellor.



## David Beckham

The soccer veteran is leaving LA Galaxy, but where will he go next? Rumour has it that Beckham is headed for France — that country would certainly be the best option for wife Victoria's growing fashion business. Alternatively,



he could become a full-time underwear model, or even an actor.

## François Hollande

The French socialist made headlines as the winner of France's presidential election. But now he's been in the news mostly on account of the battle between ex-partner Segolene Royal and current girlfriend Valerie Trierweiler. In 2013 Hollande has to act decisively to restore his credibility.



## Michelle Bachelet

Chile's first female president, now leader of the world's female population at UN Women, may return to politics by entering the 2013 presidential race in Chile. If she wins the election, this personable ex-doctor is poised to become Latin America's Angela Merkel.



## Lady Gaga

In 2012, long periods of time went by without any news from the often-controversial international pop sensation. If it continues like this, she'll soon lose her crown as the most followed on Twitter to rival popstress Rihanna. Stay tuned for more outrageous dresses.



DECEMBER 26<sup>TH</sup> - 31<sup>ST</sup>

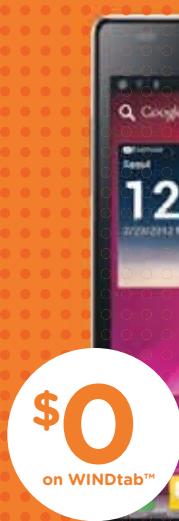
THAT'S THE POWER OF



## BOXING WEEK MAIN EVENT



\$0 superphones on our best Unlimited Wish Plan for \$40. Now that's a one-two punch.



\$0  
on WINDtab™

LG OPTIMUS 4X HD  
Reg WINDtab™ \$199



\$0  
on WINDtab™

SONY XPERIA ION  
Reg WINDtab™ \$199



\$0  
on WINDtab™

MOTOROLA RAZR V  
Reg WINDtab™ \$99

This is one week you might want to train for.  
See all of our knockout deals at [WINDmobile.ca](http://WINDmobile.ca)

Offer valid from Dec 26th until Dec 31st 2012 while supplies last or prior notice of termination on WINDmobile.ca. WINDtab prices above available only to new Pay After customers activating with the \$40 Unlimited Wish plan at retail locations. Additional terms and conditions apply for WINDtab. This offer may be combined with the \$100 service credit offer but may not be combined with any other promotional offer. Each Unlimited Wish Plan is available only as long as you keep the plan without interruption. Available to individual new customers and, under certain conditions, to existing customers. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy. Conditions apply. Applicable taxes extra. Learn more at [WINDmobile.ca](http://WINDmobile.ca). LG and the LG logos are registered trademarks of LG Electronics and its affiliates. WIND, WIND MOBILE and WINDtab are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. All other trademarks are the property of their respective owners. © 2012 WIND Mobile.

# EXPECT THE UNEXPECTED

Metro asks two psychics to tell us what's coming up next year in entertainment, sports and politics. First up is Psychic Nikki, a Toronto-based clairvoyant who says she predicted Hurricane Sandy, Barack Obama's first presidential win and the Tom Cruise and Katie Holmes split.



LISA  
WILTON  
ottawa@metronews.ca

**What's in store for some big-name celebrities and celebrity couples?**

Brad Pitt and Angelina Jolie will marry, and I see another child. But she has to watch her health.

Jennifer Aniston will have a child, or at least pregnancy and a marriage. But I also see another man besides (fiancé) Justin Theroux.

I see a marriage for Kim Kardashian.

Taylor Swift has to be careful around transportation. I see a handsome cowboy type around her, possibly business and romance combined.

(The Duke and Duchess of Cambridge) may have a set of twins in the future.

Jessica Biel and Justin Timberlake may have a kid, but their marriage is doomed in the future when one of

**Obama's reading**

**"He is in extreme danger during the next four years and he may not finish his term."**

**Psychic Nikki**, on U.S. President Barack Obama's political future

them has a roving eye.

Justin Bieber will do more acting. There could a sitcom. He has to be careful of fast cars or red ones.

Helen Hunt will be nominated for an Academy Award for The Surrogate and Keira Knightley for Anna Karenina. Meryl Streep may be nominated again. Daniel Day-Lewis will be nominated for Lincoln and Sir Anthony Hopkins could also receive an Oscar nomination.

**How will the political landscape change in the next year?**

Prime Minister Stephen

Harper will work well with the American president, but there could be a crisis where he is tested. He also has to watch for danger.

(U.S.) President (Barack) Obama will try to turn the economy around, but it will be hard with all the natural disasters coming.

U.S. Vice-President Joe Biden has to watch health and danger also. He could be replaced, maybe by a woman.

It will take a long time for the economy to pick up because of natural disasters and potential terrorist attacks, and wars in the Middle East and Asia. But there could be a gold rush in Canada.

**So, what are these natural disasters you speak of? Should vacationers avoid certain areas in the next year?**

I see a lot of earthquake activity on the West Coast of the United States right up to British Columbia and Alaska.

There will be earthquakes in the Middle East, China and Japan. Also Mexico, South American, New York City, Quebec, Virginia, Washington and Tennessee. I would try to avoid coastal areas.

**What are your sports predictions?**

I see a famous Formula One driver being killed in a fiery crash and I think there will be a sex scandal in the NHL.



**Tough to believe, but things could get worse for the NHL.** GETTY IMAGES

## AS EXHILARATING AS IT IS AFFORDABLE.

Every Certified Pre-Owned Mazda we sell comes with warranties and guarantees to ensure that you drive away fully satisfied in a quality vehicle that you can depend on.



**0.9% APR\***

SEE DEALER FOR DETAILS

### CERTIFIED PRE-OWNED

- 160-Point Detailed Inspection
- 7-Year/140,000-Kilometre Limited Powertrain Warranty<sup>†</sup>
- 24-Hour Emergency Roadside Assistance
- 30-Day/3,000-Kilometre Exchange Privilege
- CarProof® Vehicle History Report
- Zero Deductible
- Available Extended Coverage

**CRAFTED. ENGINEERED. CERTIFIED.**

**ZOOM-ZOOM**



## SWIFT PREDICTIONS

Calgary-based clairvoyant Kim Dennis, seen at left, is a regular guest on TV and radio programs. She gives Metro her vision of the year ahead.



CONTRIBUTED

### On Jennifer Aniston and Justin Theroux:

I think they'll probably get married. I think she's found the one. I think there might be twins.

### On Taylor Swift:

The thing with Taylor Swift is she shouldn't be settling down with anyone right now.

She's supposed to be dating in her twenties. I think it's just people's perception that

she's always heartbroken. She's taking her time finding love. I think she'll fall in love this year at least twice. I think she's right on track.

She's doing what she's supposed to be doing.

### On Justin Bieber:

I think he'll be a legend like Donny Osmond. I think his success will continue to soar.

### On politics:

Calgary Mayor Naheed Nenshi will get in again. He'll be mayor for a while.

Justin Trudeau will win Liberal leadership, but I don't see him becoming prime minister. I think Stephen Harper will get elected again.

Quebec won't

separate. There will always be a group who wants to, but the province will stay in Canada.

**Other predictions:**  
I think (Ugandan war criminal) Joseph Kony will be caught.

Something's going to rock the Catholic Church. I know they've had lots of controversy, but it might be something that brings it to its knees.

I think somebody big, like a monsignor, will reveal something that will shake up the Catholic Church.

I think there will be a tsunami just after Christmas. I see the South Pacific, maybe around Australia.

LISA WILTON/FOR METRO



### On Jennifer Aniston and Justin Theroux:

I think they'll probably get married. I think she's found the one. I think there might be twins.

### On Taylor Swift:

The thing with Taylor Swift is she shouldn't be settling down with anyone right now.

She's supposed to be dating in her twenties. I think it's just people's perception that

**D'Arcy McGee's**  
restaurant · pub  
established 1996

44 SPARKS STREET • 613-230-4433

December 31st

## NEW YEAR'S EVE BASH

LIVE MUSIC with Three Fisted Nancy

late night sweets and sandwich buffet, bubbly at midnight

NO COVER CHARGE!

Ring In the New Year at D'Arcy McGee's!



Find us on facebook at:  
[OTTAWA.DARCYMCGEES.COM/FACEBOOK](http://OTTAWA.DARCYMCGEES.COM/FACEBOOK)



**\$1000 BONUS HONDA DOLLARS<sup>®</sup> ON 2012 CIVIC & CR-V MODELS<sup>™</sup>**

\*EXCEPT CIVIC HYBRID: \$500 HONDA DOLLARS

**TOO GOOD TO LAST!**

**MODEL FB2E2CEX**

**MODEL RM3H3CE**

**PURCHASE A 2012 CIVIC DX FROM**

**\$97@1.99% APR**

BI-WEEKLY FINANCE FOR 84 MONTHS<sup>†</sup>. \$0 DOWN PAYMENT/OAC. \$16,520 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

**LEASE A 2012 CR-V LX FROM**

**\$288@0.99% APR**

PER MONTH FOR 36 MONTHS<sup>‡</sup> WITH \$4,678 DOWN PAYMENT/OAC AND \$0 SECURITY DEPOSIT.

2012 IIHS TOP SAFETY PICK WITH THE VERSATILITY OF CLASS-LEADING REAR CARGO SPACE<sup>§</sup>  
\*WITH 2ND-ROW SEATS UP<sup>¶</sup>

**OR GET UP TO**

**\$5000**

**PLUS \$500 HONDA DOLLARS!**

**IN CUSTOMER CASH INCENTIVES ON OTHER SELECT 2012 MODELS**

**THE ALL-NEW 2013 ACCORD IS HERE**

**MODEL CR2E3DE**

**LEASE THE ALL-NEW 2013 ACCORD LX FROM**

**\$258@2.99% APR**

PER MONTH FOR 36 MONTHS<sup>§</sup> WITH \$3,929 DOWN PAYMENT/OAC AND \$0 SECURITY DEPOSIT.

**STANDARD FEATURES INCLUDE:**

- 185-hp, 2.4-litre engine with Earth Dreams technology
- Enhanced Power & Fuel Efficiency
- 17" Aluminum-alloy wheels
- Heated front seats
- Bluetooth<sup>®</sup> Wireless phone interface
- E-mail and SMS texting features<sup>¶</sup>
- Rearview Camera

**HondaOntario.com**

**Honda**

\$1,000 Honda Dollars offer applies only to retail customer purchase or lease agreements for new 2012 Honda Civic Coupe and Sedan models (except Civic Hybrid models) // 2012 Honda CR-V models concluded between December 1, 2012 and January 2, 2013 at participating Ontario Honda Dealers. \$1,000 Honda Dollars must be applied towards the purchase or lease of an eligible vehicle. Honda accessories, extended warranty and are deducted after taxes. <sup>†</sup>Receive 1.99% purchase financing on any new 2012 Honda Civic Sedan (Model FB2E2CEX) for a maximum of 84 months available through Honda Financial Services Inc., on approved credit. Bi-weekly Finance example: based on a 2012 Honda Civic DX Sedan (Model FB2E2CEX) equals 182 bi-weekly payments of \$97 over an 84 month term at 1.99% APR, complete selling price of \$16,520 includes \$1,495 freight and PDI, EHF tire (\$29), EHF filters (\$1), A/C tax (\$100 except Honda Civic DX), and OMVIC fee (\$5). Excludes taxes, license, insurance, and registration. Cost of borrowing is \$1,190.42 for a total finance obligation of \$17,710.42. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. Q Limited time lease offers a new 2012 Honda CR-V LX 2WD (Model RM3H3CE) // 2013 Honda Accord LX (Model CR2E3DE) available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2012 Honda CR-V LX 2WD (Model RM3H3CE) // 2013 Honda Accord LX (Model CR2E3DE) on a 36 / 36 month term at 0.99%, \$0 security deposit, the monthly payment is \$258 per month (\$1,649 down payment, \$2,000 PDI, \$2,000 EHF tire (\$29), EHF filter (\$1), A/C tax (\$100), and OMVIC fee (\$5)) with \$4,678 down payment, \$0 security deposit, and \$0 security deposit due at signing. Total finance obligation is \$9,408.80. Total monthly payment is \$9,408.80. Total interest paid is \$0.12m for excess kilometres. \*\$5,000 customer cash incentive is valid on any new 2012 Honda Pilot // 2012 Honda Ridgeline // 2012 Honda Crosstour models when registered and delivered between December 1, 2012 and January 2, 2013. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subsidized rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. \$5500 Honda Dollars offer applies only to retail customer purchase or lease agreements for all new 2012 Honda models (except 2012 Honda Civic Coupe and Sedan // 2012 Honda CR-V) concluded between December 1, 2012 and January 2, 2013 at participating Ontario Honda Dealers. \$500 Honda Dollars are deducted after taxes. For all offers: license, insurance, PSPA, and other taxes (including HST) are extra. Vehicles and accessories are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. \*Cargo space calculated on volume behind second-row seats with rear-seats up for two-row and third-row seats with rear seats up for three-row vehicles in Segment. Component Segment classification based on Association of International Automobile Manufacturers of Canada (AIAMC). All measurements sourced from data published by each manufacturer. \*Does not replace the driver's responsibility to exercise due care while driving. <sup>¶</sup>Text message and e-mail functions are only compatible with certain devices. <sup>§</sup>Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2011.

**SCAN HERE FOR MORE INFORMATION**

# BOXING DAY MADNESS

## SAVE UP TO \$150 ON S



**\$79<sup>99</sup>**  
was \$169<sup>99</sup>



Samsung  
Galaxy Q™

**\$199<sup>99</sup>**  
was \$299<sup>99</sup>



Samsung  
Galaxy S™ 4G

**\$9<sup>99</sup>**  
was



BlackBerry®

PLANS  
STARTING  
FROM **\$12<sup>50</sup>** /mo UNLIM



Taxes are extra. Handset prices for a limited time while quantities last at participating locations. Dealer may sell for less. Products may not be exactly as shown and are subject to substitution while customer is on automatic monthly payments (preauthorized credit/debit payment). Ask about our 50% off \$25/\$35 regular rate plans for 6 months or \$45/\$55 regular rate plans for 12 Additional terms and conditions apply. Subject to change without notice. © 2012 Mobilicity. 'Mobilicity', 'Now that's smart.', the Mobilicity designs and the Mobilicity logo are trademarks

### Mobilicity Stores

Lincoln Fields Mall  
1595 Merivale Rd, Unit 6  
168 Rideau St

Bayshore Shopping Centre  
173 Montreal Rd  
Hazeldean Mall

Carlingwood Shopping Centre  
246 Bank St

### Authorized Dealers

Cellular X Zone:  
Billings Bridge Shopping Centre

Bullo Wireless:  
1414 Walkley Rd

# - LIMITED QUANTITIES!

## SELECT SMARTPHONES

**9<sup>99</sup>**  
\$199<sup>99</sup>



**\$249<sup>99</sup>**  
was \$399<sup>99</sup>



Galaxy Nexus™

**\$499<sup>99</sup>**  
was \$599<sup>99</sup>



Samsung  
Galaxy S III™



## LIMITED TALK + TEXT

Plan offers are available for a limited time at participating locations for valid new activations only. Months for more details. Restrictions may apply on combining offers with other offers or promotions. © Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

**mobilicity**<sup>TM</sup>  
Now that's smart.

# Talking tech predictions for 2013

Technology continues to evolve at a rapid pace and there are no signs it will slow down anytime soon. 2013 will usher in a new wave of products and consumer technology. Here are a few tech trends you can expect to see in the coming months

MIKE YAWNEY  
For Metro



## Fuel-cell chargers

Recharge your gadgets over and over again without plug-

ging them into a wall socket. Forget oversized batteries used in most portable chargers, as fuel-cell chargers use water, or in some cases lighter fluid, to charge your favourite gadgets up to 14 times. Need more

juice? Simply refill the charger with fluid to reset the charging process.

## 3-D printing

Create custom jewelry, smartphone cases and even small toys in the comfort of your own home. 3-D printing technology has been around for a few years, but the equipment and supplies have been expensive. All signs now point towards a massive push to the consumer market in 2013. Download a template, press print, and wait while your project comes to life right in front of your eyes.

## OLED TV

Each year television displays get thinner and thinner, but this could be the year they finally become paper-thin. Last year at the annual Consumer Electronics Show in Las Vegas, both LG and Samsung showed amazing OLED (organic light-emitting diode) panels. These stylized TVs were beautifully designed, boasted rich colour and were a mere 4 mm thick. Despite promises they would hit the market in 2012, it never happened.

## Cloud-based gaming

Play video games without shelling out big bucks for a high-end gaming console. Cloud-based games are run on remote servers and are streamed to your home. Since the servers do all the heavy lifting, you can run the games on virtually any device such as a television or tablet. You never have to worry about outdated hardware. Microsoft and Sony are both said to be looking at the technology for their new consoles, which are expected to be announced in 2013.

## Ultra high-definition TV

Think your high-definition television has a beautiful picture? Just wait until you see what's around the corner. Manufacturers such as Sony are launching 4K TV, which puts current high-definition sets to shame. Imagine four times the resolution than your current HDTV. I've seen these new sets and I've got to say the picture is jaw-dropping, but so is the price.



Henderickx's  
**nofrills**<sup>®</sup>  
lower food prices  
nofrills.ca



**WON'T BE BEAT<sup>®</sup>**  
If you find a cheaper price, simply show us and we will match.\*

 pork back ribs cryovac pkg of 2	<b>save \$4.02/lb</b> <b>1.97</b> ea \$4.34/kg
 Coca-Cola soft drinks 2 L selected varieties	<b>save 79¢</b> <b>.88</b> ea
 Nescafe Rich instant coffee 200 g	<b>save \$2.70</b> <b>3.77</b> ea
 blueberries product of Chile, no. 1 grade	<b>full pint</b> <b>1.97</b> ea

**1226 Place D'Orleans Dr. (across from Place D'Orleans mall)**

**Have a safe and happy New Year!**

Prices effective from Friday December 28 to Thursday January 3, 2012.  
See in-store or online for holiday hours

**FRI 28** **SAT 29** **SUN 30** **MON 31** **TUE 1** **WED 2** **THU 3**

### Technically speaking

## A top trend

### Rise of digital media receiver

Over one million U.S. cable subscribers ended their subscriptions

in 2011, and the trend is expected to continue thanks to more people picking up digital media receivers by companies like Roku and Apple. With these "boxes," users can use streaming services like Hulu Plus, Netflix and Amazon Instant video to watch whatever they want, whenever they want.

MICHELLE CASTILLO/  
METRO WORLD NEWS

### ULTIMATE CURRENCY EXCHANGE

- ✓ Better rates than any Canadian bank**
  - ✓ NO commission fee**
  - ✓ Fast and convenient**
- More than 50 Foreign Currencies available**

2255 Carling Ave  
(Carling & Woodroffe)  
613.422.1472  
1-888-727-6926

Check our rates online at:  
[www.uexchange.ca](http://www.uexchange.ca)

Read  
metro® your money  
every Tuesday  
for financial tips,  
trends and advice.

Only in Metro.  
News worth sharing.

# WE MUST MOVE FORWARD, NOT BACKWARD; UPWARD, NOT FORWARD ...



HE  
SAYS...

John Mazerolle  
metronews.ca

Journalism has come a long way since the days when we all wore hats that said "Press" and drank whiskey at our desk. Now we wear hats that say "Internet" and drink Jack and Coke Zero at our desk.

We've come a long way, baby.

There have been many changes in the way we collect the news, too. There was a time when the public wanted — and the media delivered — complete, accurate information at the end of the working day, while the kids removed Dad's slippers and Mom made meatloaf.

But now Mom and Dad live apart and the kids are busy sexting, so to fill the gaping void in your life you fill the hole with news, news and more news, every minute, day and night.

Even stories like the Ikea monkey get updated as quickly as possible, because we in the media don't want to look like fools with an out-of-date story about a monkey in a coat.

We will be coming to you live from the Ikea parking lot, dammit, and if the monkey flings some feces, you will hear about it before it hits the ground. That's our solemn promise to you.

This speed has occasionally led to what some may call errors, such as when we kill off people who aren't dead yet. But the fact of the matter is those people will some day be dead. We've only been giving you a heads up. You're welcome.

With that in mind, I've noticed that some of my media colleagues have stuck to their tired old ways by writing a Year in Review. That is so 2012.

Instead, I bring you the 2013 Year in Advance. Here are the stories that will happen next year, before they've happened.

- Jan. 11: NASA scientists announce a major breakthrough when the Mars Curiosity rover finds itself. "I want to be a painter," the machine declares.
- Feb. 5: Inspired by seven-time Tour de France winner Lance Armstrong's example, Rolling Stones guitarist Keith Richards also denies drug use.
- April 9: According to a new report, the Harper government \*\*\*\*\* in \*\*\*\*\* the \*\*\*\* transparency.
- May 15: Avril Lavigne throws Nickelback into disarray when she teaches fiance and lead singer Chad Kroeger a new chord progression. Other band members say her "crazy ideas" are threatening to "Yoko Ono" the band's singular sound.
- Sept. 30: Meteorologists change the naming system for hurricanes to better reflect reality. Hurricane I Am a Direct Result of Global Warming causes major damage to the U.S. coastline, yet fails to breach the Republican consciousness.
- Oct. 9: Will and Kate Plus 8 debuts on the Royal Life Network, as monarchists devour the latest news from Georges I through VIII.
- Nov. 4: Toronto Mayor Rob Ford's new 700-page memoir, The Broken Republic: A Treatise on Debate and Democracy, from Plato to the Paris Convention, is hailed as a masterpiece of the genre.
- Dec. 15: BREAKING NEWS — Ikea monkey has died, Twitter confirms. Oh, wait, he was only asleep. But sources say he will die eventually. You're welcome.



2013 will be the year that media outlets bring you the news before it happens — including round-the-clock coverage of the Ikea monkey.

BRONWYN PAGE/HANDOUT/THE CANADIAN PRESS

# Who are we to block the sun?



JOE RAEDLE/GETTY IMAGES

## Geoengineering

### Scientific solution to global warming

A record loss of Arctic sea ice and faster-than-expected melting of Greenland's ice cap made worldwide headlines in 2012, but research published in major science journals suggests warming in the North doesn't have to continue from 2013 on.

Scientists theorize that injecting reflective particles of some kind into the high atmosphere could reduce the amount of sunlight reaching the Earth's surface and compensate for the greenhouse effect.

THE CANADIAN PRESS

## Ethical question



"The really hard questions here aren't mostly technical.

They're questions about what kind of planet we want and who we are."

David Keith, a Calgarian and professor of applied physics at Harvard University. Keith said any significant nation in the world has the technological capacity to facilitate a drop in the Earth's temperature.

THE CANADIAN PRESS

## Save it for an emergency

### Cooling the Earth could be a bad idea

In a world that seems unable to come to grips with carbon-dioxide emissions driving climate change, manipulating the Earth's climate to cool it down has some calling geoengineering a bad idea.

The professor behind the idea, David Keith, believes emissions should be cut, and he doesn't advocate such a plan, at least not yet.

He suggested geoengineering may be a viable response to a "climate emergency" — a sudden collapse of ice sheets or a killing drought. THE CANADIAN PRESS

## Debate heats up

- The UN has ruled out geoengineering.

- Peter Mooney of the Ottawa-based Etc Group, an environmental technology watchdog, is skeptical of anyone's ability to manage geoengineering.

- "The governments who screwed up in the first place can't be expected to take something like planetary systems management and do a better job of it," he said.

## ebooks

### 2013 is no time to toss the cookbook in the trash

While ebooks have been exploding in popularity in recent years, scholars, chefs and those who just love to tool around in the kitchen say it's not time to stick a fork in the physical cookbook just yet.

Trend watcher Christine Couvelier, who recently passed the 3,000 mark in

her cookbook collection, thinks the print format isn't going anywhere, though she also enjoys such innovations as the video clips used with recipes, and stories in publications like Martha Stewart Living that she reads on her iPad.

"There's something about experiencing a cookbook the way the author designed it so the right format is there," said the Victoria-based chef, who noted that some ereaders reformat cookbooks.

THE CANADIAN PRESS

## Paywalls

### Newspapers go back to the future

Whether they're lauded as the future of online media or labelled a scourge on the flow of digital information, opinions abound on the rise of paywalls in Canada, and the conversation is only going to get louder. One frequently cited example of such success is the New York Times, but observers caution that the paper is an "elite" product. Some Postmedia papers

— including the Montreal Gazette, the Ottawa Citizen and the Vancouver Sun — have been experimenting with paywalls this year. The company plans to put the rest of its newspapers behind a paywall in early 2013.

The Globe and Mail launched its much-anticipated paywall recently, and the Toronto Star, which boasts the highest circulation in Canada, will also be watching the evolution of its audience very closely once it puts up a paywall in 2013.

THE CANADIAN PRESS

# OTTAWA GOLD

## Paying You the Highest Gold and Silver Prices Guaranteed

Don't be fooled by recycling and road show events any longer. We offer significantly higher prices and we stand behind our promise to offer you the highest prices guaranteed. Breathe easy and sell with confidence. Visit us today and be pleasantly surprised.

### WE PROMISE YOU...



#### The Highest Prices Guaranteed

Since we offer our very best prices upfront, there's no need for stressful negotiations. We're so confident in our prices and service, that if you get a higher offer for your jewellery, we will beat that price by 20% of the difference!

Terms and Conditions can be found at [www.OttawaGold.ca](http://www.OttawaGold.ca)

#### Honest, Friendly and Transparent Service

We are dedicated to providing honest and transparent service with the highest payouts in the industry and no hidden fees. Everything is done right in front of you so you can be involved in every step, and payments are made in person, on-the-spot.

#### How it Works....

1. Bring in your unwanted jewellery.
2. Our friendly and professional staff will test your items right in front of you and involve you in every step.
3. You walk away with a cheque.

### WHAT WE PAY

#### Gold Buying Prices by Karat

Karat | Price/gram

1 ounce (9999) Maple Leaf Coins (sealed)	\$1,605.66/coin
9999 Canada Maple leaf, less than 1 ounce	\$51.63/g
24k Jewellery	\$40.34/g
22k	\$36.95/g
E. Indian/Nuggets	\$32.75/g
18k	\$30.25/g
Dental Gold (yellow)	\$24.60/g
14k	\$23.52/g
10k	\$16.78/g
9k	\$15.13/g
Unstamped Gold <10kt	\$12.91/g
Dental Gold (white)	\$10.08/g

#### Gold Bar Buying Prices

Gold Bars | Buy Price

Gold 1 ounce (Recognized)	\$1,555.49
Gold 10 ounce (Recognized)	\$15,471.25
Gold 1kg (Recognized)	\$49,740.05
Gold bars, less than 1 ounce (Recognized)	\$49.75/g
999 Gold bar (Unrecognized)	\$48.40/g

#### Silver Coin, Bars, and Jewellery Buying Prices

Canada Coins | Price

Maple Leaf (1 ounce Silver)	\$31.24/coin
-----------------------------	--------------

#### Silver Jewellery and Other Silver | Price

Stamped Sterling Silver Flatware	\$0.62/g
Stamped Sterling Silver Jewellery	\$0.58/g
Mexican Silver stamped 925	\$0.49/g
Stamped 800 Silver	\$0.48/g
Unstamped scrap silver	\$0.32/g
Other silver coins	\$0.66/g

\*Actual buying prices are based on weight of silver content, which is lower for worn coins.

Prices Updated: 2012-12-14, 14:52:54 PM

#### Example Purchase 1:

Purity: 14k • Weight: 193.50g

PRICE: \$4,551.12



#### Example Purchase 2:

Purity: 24k • Weight: 6.42g

PRICE: \$258.98



#### Example Purchase 3:

Purity: 14k • Weight: 183.30g

PRICE: \$4,311.22



# 613.979.GOLD (4653)

Westgate Shopping Centre, 1309 Carling Ave, Ottawa

Monday to Friday, 9:30am to 6pm • Saturday, 10am to 5pm • Sunday, 12pm to 4pm



W W W . o t t a w a g o l d . c a

From aggressive women to quiet men to androgynous rappers, the new year looks promising

PAT HEALY/EVE HYMAN/CHRIS LEO PALERMINO  
Metro World News



### Savages

One of the biggest buzzes out of this year's CMJ Music Marathon in New York City was Savages, four London women whose punctuated attack on every song is every bit as vicious and thrilling as their name implies. Gemma Thompson plays guitar like she's the runaway teenage daughter of The Edge. Yes, she learned a lot from her old man, but she's still rebelling against him with the way she draws abrasive and occasionally atonal sounds out of the instrument. It's not easy to make out the subject matter coming from singer Jehnny Beth, but it's unmistakably angry, as she flails about like every convulsion is choreographed to the beats of drummer Fay Milton, who just wails on her kit. Holding down all the chaos is bassist Ayse Hassan. The sound is post-punk (sounding like a cross between Joy Division and the aforementioned early U2 thing). They've officially released a single and a live EP, but expect an LP in the first part of 2013. **PAT HEALY**

# 5

## Bands to listen to in 2013

### Night Beds

Winston Yellin has the sort of voice that could quiet a huge room. It's not necessarily the Fleet Foxes/My Morning Jacket airy style of delivery that's so effective as much as you can just tell that this is somebody who is saying something that he feels deeply, and there's really nothing much more contagious than that. If his song Even If We Try is any indication, his album, Country Sleep, which will be out on Dead Oceans in February, is going to be a stunner.

**EVE HYMAN**



### Little Green Cars

The hook for this Irish band's recent single, The John Wayne, is "it's easy to fall in love." And with LGC's simple and authoritative harmonic songs, it really is easy. They can weave their voices together as beautifully as any esteemed practitioner of the traditional music of their homeland, but they combine it with a crushing angst and the joy of rocking out. The band are expected to deliver a full-length in the early part of the year.

**PAT HEALY**



### Mykki Blanco

Mykki Blanco, the alter ego of Michael Quattlebaum Jr., mixes a helping of tribal beats with her radical rap. The solo artist follows in the nontraditional path of recent indie hip-hop à la Odd Future, successfully dipping into punk and electro while retaining individuality. Her profile is bound to go up in the early months of 2013 with the slow and steady reception of praise she is receiving from her November-released album, Cosmic Angel: The Illuminati Prince/ss.

**CHRIS LEO PALERMINO**



### Deap Vally

Considering the oversaturation of bleeps and bloopers lately, Joan Jett-esque grrl rock duo Deap Vally are a welcome change. Skimpy, sequined outfits, long hair and heavy rockin' are the name of the game for these L.A. women who are already signed to Island Records and have recently been opening for Muse in Europe. Throw on your jean jacket and get down with Lindsey Troy's raspy vocals.

**CHRIS LEO PALERMINO**



NATIONAL ARTS CENTRE  
CENTRE NATIONAL DES ARTS

# NEW YEAR'S DINNER

information and reservations [lecafe.ca](http://lecafe.ca)  
613.594.5127 | [lecafe@nac-cna.ca](mailto:lecafe@nac-cna.ca)

## le café

### Gastronomical Event of the Year Dinner Before the Party!

Join us December 31st as the culinary team of le café prepares a unique six-course set menu  
\$99.00 per person\*

RESERVE TODAY – LIMITED AVAILABILITY!

\*Plus tax (13%)  
and gratuity (15%)



SCENE 2

# Cupid, draw back your bow

After reading some tea leaves, shuffling a virtual deck of tarot cards and participating in a séance with an extra from a Kevin Bacon movie (that guy was just seven degrees of separation from every star on the planet), we've divined several fantasy couples the paparazzi will be all over in the new year.

MIKE DOJC  
life@metronews.ca

## Jennifer Lawrence & Justin Bieber

Sorry Selena Gomez but Bieber is a young buck and he is going to sow his oats. After they call it quits again, he'll cavort with a few models, play the young Hollywood field and then get nostalgic for the good old days when he was half of a glamorous power couple. And the mere sight of the Biebs walking down the red carpet with the Hunger Games hottie on his arm might just start a tweengage riot. On their first date Jen can show her new beau how to string a bow, and the Boyfriend crooner can reciprocate by styling her hair.



## Leonardo DiCaprio & Yvonne Strahovski

Leo certainly has a type: blonde dressed, luscious lipped, S.I. Swimsuit calibre model with legs that go on forever. Aussie stunner Strahovski (Chuck, Dexter) hits all those marks and she'd also make an exquisite addition to a "I canoodled with DiCaprio" calendar, fitting right in with former flames Gisele Bündchen, Bar Refaeli, Erin Heatherton, and Blake Lively.



## Gerard Butler & Heidi Klum

With Seal now out of the picture, there are plenty of A-list fish in the sea raring to nibble on the Project Runway host's manicured toes. But Heidi knows what she wants so choosing a man is as easy as deciding whether to wear Cavalli or Versace. While Klum's been carrying on with her bodyguard, she'd scotch her security detail with benefits to make schnitzel with this leading man.

## Danny DeVito & Lady Gaga

After splitting from Rhea Perlman, his wife of 30 years, DeVito (It's Always Sunny in Philadelphia) sets his sights on a less age appropriate amore. The timing couldn't be any better for the pop singer known for her unhinged fashion sense either. Gaga could really use a high profile fling even if it turns into a bad romance. Maybe she can even land a part in Triplets, the long awaited sequel to 1988's Twins.



## Amy Poehler & Jamie Foxx

After parting ways with hubby Will Arnett this past fall, Poehler (Parks and Recreation) is looking for a new funny man to light up her world. The smooth talking Foxx, who plays the president in White House Down and a freed slave in Django Unchained, is just what the doctor ordered to get sassy Poehler back in the relationship game.

# And who is the next soon-to-be splits?

While Kim K and Kris Humphries' mere 72-day-union may be difficult to beat, here are some candidates well worth drafting in the first round of your 2013 celebrity break up pool.

MIKE DOJC, METRO WORLD NEWS

## Avril Lavigne & Chad Kroeger

Prediction: Chad will go ahead and make things so complicated ... with the wedding planning. His insistence on hiring a pyrotechnic coordinator, an arctic fox wrangler and an 'I do' mic check man all in a vain attempt to prevent reporters from writing "this was even blander than a Nickelback show" in their wedding reviews will backfire.



ALL PHOTOS GETTY IMAGES

## Brian Austin Green & Megan Fox

Donna's boyfriend on Beverly Hills 90210 must pinch himself every morning when he wakes up and comes to the realization that he's in bed with Hollywood's most ogled actress. Green is flexing his previously underutilized comic muscles in his latest gig as the lead singer on Wedding Band, a TBS sitcom. Meanwhile Fox's cleavage steals the trailer to Judd Apatow's This is 40. Both roles may be career altering, creating the kind of festering inequity and resentment that leads to break ups.



ottawa health & wellness expo  
presented by: **GoodLife FITNESS**

be fit • eat right • think well • go green

Visit the website for more details and to purchase tickets

[www.OttawaHealthandWellnessExpo.com](http://www.OttawaHealthandWellnessExpo.com)

Join us for the 7th annual Health and Wellness Expo!

Saturday January 12th, 2012 • 9 am to 4 pm

CENTRE DES ARTS SHENKMAN ARTS CENTRE

**Expo Special Key Note Speaker**

New York Times Best Selling Author,  
Dr. William Davis



Over 100 exhibitors this year, amazing speakers and a shocking newly released health documentary.

**DON'T MISS OUT!**

# BOXING WEEK BLOW OUT

THE BEST DEALS OF THE YEAR AND MUCH MORE IN STORE!

**SAVE \$100**  
ON THE XBOX 360 250GB  
HOLIDAY BUNDLE!

Includes Forza Motorsport 4 Essentials Game and  
The Elder Scrolls V Skyrim Downloadable Game!



ONLY  
**\$199.99**

REG \$299.99



**HALO 4**



**SAVE \$20**  
ONLY \$39.99

REG \$59.99. Only available for Xbox 360.  
Not included in Holiday Bundle.

GOT HALO 4?  
GET THE LATEST MAP PASSES  
TODAY AND DON'T MISS OUT!  
FROM \$11.49

707100, 707070



ONLY  
\$39.99  
REG \$59.99  
PC

**SAVE**  
**\$20**



ONLY  
\$19.99  
REG \$59.99  
Also on sale  
for PlayStation 3

**SAVE**  
**\$40**



ONLY  
\$29.99  
REG \$59.99  
Also on sale  
for PlayStation 3 & PC

**SAVE**  
**\$30**



ONLY  
\$39.99  
REG \$59.99  
Also on sale  
for PlayStation 3 & PC

**SAVE**  
**\$20**



A STORM IS  
BREWING...

ONLY  
\$39.99  
REG \$49.99

708130

**SAVE**  
**\$10**



CLEAR SOUND  
REPRODUCTION  
from the atmospheric music  
to bones shattering.

PULL-OUT MICROPHONE  
"Invisible", retractable,  
uni-directional microphone  
in left ear-cup.

OS X & WIN

ONLY  
\$89.99  
REG \$119.99

**SAVE**  
**\$30**



TECHNOLOGY  
Best-in-class technology  
provides extreme precision  
and reliability.

EASY SETUP  
Easy Drag & Drop Diablo® III  
skills and functions to  
mouse buttons.

OS X & WIN

ONLY  
\$59.99  
REG \$69.99

**SAVE**  
**\$10**

© 2011 Blizzard Entertainment, Inc. All rights reserved. Diablo and Blizzard Entertainment are trademarks or registered trademarks in the U.S. and/or other countries.

THESE DEALS AND MORE - DECEMBER 26<sup>TH</sup> THROUGH 31<sup>ST</sup>



VISIT US ONLINE OR IN-STORE FOR EVEN  
MORE GREAT BOXING DAY DEALS!  
[WWW.EBGAMES.CA](http://WWW.EBGAMES.CA)

**EB GAMES**™

Offers valid December 26 - 31, 2012. While supplies last. See in-store for details.

# Celluloid Soothsayers

On the eve of the 21st century's Bar Mitzvah, we dissect three films that were set in 'future' 2013. Maybe it's the pall of unluckiness associated with the number 13 in Western culture, but dystopian scenarios were the consensus.

MIKE DOJC  
scene@metronews.ca

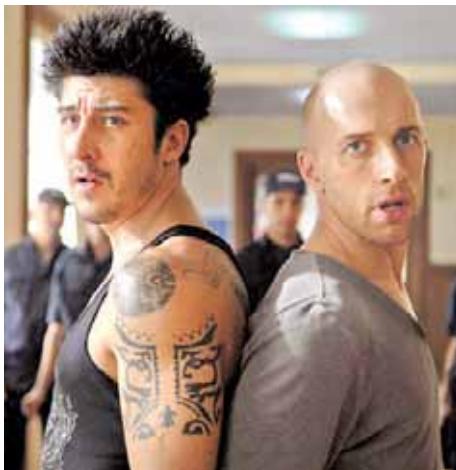
## Escape from L.A. (1996)

Snake Plissken, Kurt Russell as a monosyllabic scoundrel with an eye-patch and a permanent five-o'clock shadow, is charged with retrieving a doomsday device from Los Angeles, a city converted into a massive prison colony after a devastating earthquake separated it from mainland California. Prediction: John Carpenter imagines a fascist America where the constitution has been shredded. Smoking and red meat are verboten, all marriages must be approved by the department of health and wave goodbye to freedom of religion too. Reality: California's coffers have been savaged. Governor Jerry Brown came into office last year saddled with a crushing \$28 billion budget gap, the weight of which threatens to turn the residents of this financially underwater state into debt slaves paying sky-high taxes. Verdict: While the San Fernando Valley may not be surfable, it is drowning in red ink.



## District 13: Ultimatum (2009)

Damien and Leito are back for another parkour-fuelled adrenaline ride. This time they're defusing a civil war that is breaking out between the five gangs living in D13, the walled-in Parisian ghetto from the first flick. Prediction: Parkour will become de rigueur on the urban street, with gangbangers turning rues into their personal jungle gyms. Reality: Free-running spring-legged Frenchmen vaulting, climbing and freewheeling over everything in their path is a far less common sight on the streets of Paris than sad-eyed mimes or young lovers locked in the country's vaunted kissing style. Verdict: Sure, parkour may not be the new skateboarding, but you do see a lot more of the kinetic art form on network television.



## Gus's KITCHEN & BATH BOXING WEEK SPECIALS!

### SINGLE HOLE FAUCET



**\$79**

### 4 INCH FAUCET



**\$69**

### WALK-IN TUB



**OVER 50% OFF**

**\$2995**

REG: \$6990

### 8 INCH FAUCET



**\$99**

### KITCHEN FAUCET



**\$179**

### CUSTOM BATHROOM GRANITE



Cut to any size 49" or less for only

**\$199**

Sink sold separate  
Colour restrictions apply

All fixtures lifetime warranty. Limited quantities available. Limit one per customer.

### MANY MORE IN-STORE SPECIALS!

HOLIDAY HOURS: DEC. 26: 10-5PM • JAN. 1: CLOSED

2183 CARLING AVENUE AT WOODROFFE 613-828-2284  
[www.guskitchenandbath.com](http://www.guskitchenandbath.com)

## The Postman (1997)

Kevin Costner, always a sucker for pretentious, lengthy epics à la Waterworld, couldn't resist starring as a post-apocalyptic superstar in this 177-minute snoozer. Prediction: Resuscitating a defunct postal service is key to bringing hope back to a bedraggled society. Reality: While all-out nuclear war doesn't appear to be on our doorstep, postal services the world over are certainly hurting as mail volume drops and the USPS is fathoming closing more offices and ending Saturday delivery service. Verdict: When it comes to forecasting the future, what we have here is a failure to deliver, but Tom Petty is good for a couple half-hearted yucks as a future version of himself.



## Boxing Week at venus envy It's our biggest sale of the year!

December 27<sup>th</sup> - 10% off  
December 28<sup>th</sup> - 20% off  
December 29<sup>th</sup> - 30% off

venus envy

320 Linger Street. 613-789-4646.

To order: 877-370-9288

or [www.venusenvy.ca](http://www.venusenvy.ca)

\*Sale does not apply to sale items, special orders, mail orders, art, mega or zones.

## Actors to watch ... they will be stars in 2013



### Selena Gomez

**Where we've seen her:** Practising magic on the Disney Channel's Wizards of Waverly Place, and on the arm of Justin Bieber — though not as much lately. **Why she'll be big in 2013:** Don't pigeonhole this former child star just yet. Gomez turns in an attention-grabbing performance in Harmony Korine's Spring Breakers alongside Vanessa Hudgens and James Franco, in a film described as "Scarface meets Britney Spears."

**Key quote:** "Don't see it," Gomez said when asked what she'd tell her younger fans about Spring Breakers.

### Teresa Palmer

**Where we've seen her:** As a gun-toting alien refugee in I Am Number Four.

**Why she'll be big in 2013:** The actress finds herself the object of a zombie's affections in Warm Bodies, out in early 2013, and later she shares the screen with Christian Bale and Natalie Portman in Terrence Malick's Knight of Cups.

**Key quote:** "You never know when the next up-and-comers will be in the spotlight so people forget you. There's no guarantees," says Palmer, keeping lists like these in perspective.

### Dane DeHaan

**Where we've seen him:** Using his superpowers for evil in Chronicle and making moonshine with Shia LaBeouf in Lawless.

**Why he'll be big in 2013:** He steals scenes from Daniel Radcliffe in Kill Your Darlings and from Ryan Gosling in the Place Beyond the Pines, and he's just been tapped to play Harry Osborne in the next Amazing Spider-Man.

**Key quote:** "I don't know that I do spend a lot of time preparing myself for stardom," DeHaan says. "When someone comes up to me and tells me they really like me, I just say 'Thank you.'"

### Anthony Mackie

**Where we've seen him:** Defusing bombs in The Hurt Locker and betting on fighting robots in Real Steel.

**Why he'll be big in 2013:** He teams with Josh Brolin and Ryan Gosling in Gangster Squad. Then he's got Michael Bay's action comedy about murderous bodybuilders, Pain & Gain, alongside Mark Wahlberg and Dwayne Johnson.

**Key quote:** "He's turned into a hot-fudge sundae since I worked with him the last time," Mackie says of re-teaming with Half-Nelson co-star Gosling. **MWN**



## Ring in the new year with Tuxedo berries!

\$24.99 per dozen

Please call and order them in  
advance they are going fast!

**Blossoms**  
Fresh Fruit Arrangements

1171 Bank St. • 613-695-5775

[www.ottawablossoms.ca](http://www.ottawablossoms.ca)

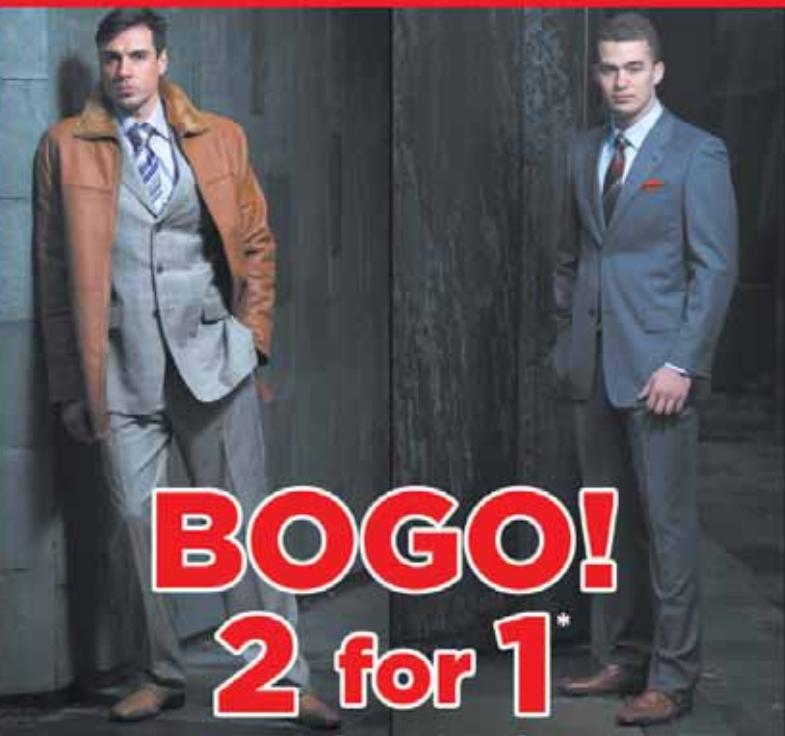
REGION WIDE DELIVERY!



# BOXING WEEK SALE!

## MONDO UOMO

Clothing for Men



COME VISIT US AT:

### WEST

540 West Hunt Club  
(at Merivale) Mobilia Plaza  
613-224-3625

### EAST

2006 Mer Bleue Rd  
(Orleans) Innes Smart Centre  
613-244-9533

Details in store

Superman and a vulcan. We can't wait until next year.

NED EHRBAR  
ned.ehrbar@metro.lu

# THE BIG MOVIES OF 2013

## Star Trek: Into Darkness

JJ Abrams has been keeping us waiting four years for the followup to his fantastic reboot of the sci-fi juggernaut. But if it's anything like the first film, the wait will have been well worth it. And with Sherlock star Benedict Cumberbatch coming onboard in a



highly-speculated-upon villain role, odds are it will impress.

**CROSSTOWN TRAFFIC**  
RECORDS  
**PIPES**  
DVDs

2 LOCATIONS:  
**593 Bank St.**  
in the Glebe  
613-234-1210  
**396 Athlone Ave.**  
in Westboro  
613-728-4800

## The World's End

Speaking of long waits, Edgar Wright is going to finally — finally! — release the last entry in his Cornetto Trilogy, after Shaun of the Dead and Hot Fuzz. The film follows pals played by Simon Pegg and Nick Frost as they relive a pub crawl that may or may not coincide with the apocalypse.



## Ender's Game

Science-fiction fans have been waiting a long, long time for a film adaptation of Orson Scott Card's tale of kids training to battle aliens in the near future, but the wait is (almost)

over. The cast is stacked with the likes of Harrison Ford, Sir Ben Kingsley and Viola Davis, plus high-brow younger talent like Hailee Steinfeld (True Grit), Abigail Breslin (Little Miss Sunshine) and Asa Butterfield (Hugo) as Ender.

## Don Jon's Addiction

After learning on the job from directors like Steven Spielberg, Christopher Nolan and Rian Johnson in 2012, Joseph Gordon-

Levitt steps behind the camera himself for the first time with this modern-day take on Don Juan, co-starring Scarlett Johansson. Gordon-Levitt also stars and wrote the screenplay.



## Man of Steel

There's a lot riding on Zack Snyder's attempt to reboot the Superman franchise seven years after Bryan Singer's droopy Superman Returns. If it succeeds, it

will serve as the jumping-off point for the Justice League, DC Comics' attempt to steal some of that Avengers thunder from rival Marvel. But will new star Henry Cavill make an impression with audiences?

## Warm Bodies

(Nicholas Hoult) who falls for a potential victim (Teresa Palmer) looks to have plenty of wit, charm and life to it. It's no Twilight.

## Kill Your Darlings

Daniel Radcliffe ventures the furthest he's gone yet from his Harry Potter roots in first-time director John Krokidas' true-life tale of the early days of the Beat Generation and the murder that nearly drove them apart. Radcliffe stars as poet Allen Ginsburg in his undergrad days at Columbia University.



**Tuesday's**  
THE ROMANCE STORE

1239 Wellington St. West • 613.761.6060  
Between the World of Maps and the Bank of Montreal  
Visit us online at [tuesdaystheromancestore.com](http://tuesdaystheromancestore.com)

# BOXING WEEK SALE

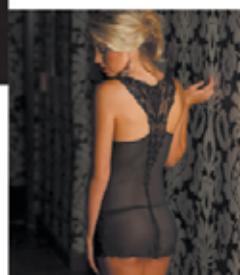
December 27 to 31

**SAVE 25% OFF All Sex Toys**  
**SAVE UP TO 60% OFF Lingerie**

In stock items only. No other discounts apply.

LELO PLEASURE OBJECTS

FUN FACTORY



MAKE THE HOLIDAYS  
**XXX-CITING!!**



# BOXING DAY

**3 DVDS FOR THE PRICE OF 2**

ON SELECTED MERCHANDISE  
UNTIL JANUARY 31 2013

Pleasures N' Treasures

hers his

**491, Rideau Street**  
**Ottawa**  
**(613) 241-7310**

**WE ALSO CARRY**

- LINGERIE
- COSTUMES
- LUBES
- MASSAGE OILS
- GAMES FOR COUPLES
- TOYS FOR HER & HIM
- MAGAZINES

**AND MUCH MORE!!**

*The Gift that  
KEEPS GIVING!*

WE-VIBE 3



**Gift Cards**

**NOW AVAILABLE!!**

\$5, \$10 or \$20



**ADULT VIDEO  
WAREHOUSE**

**866, Merivale Rd.**  
**Ottawa**  
**(613) 728-4150**

Food trends don't come out of nowhere; they grow and evolve from years passed and embody the current thinking and influences of a culture. Like other artists, chefs get inspiration from the world around them, searching for new and tongue-tickling treasures. Fresh ideas, ingredients and techniques are highlighted in culinary competitions like Bocuse D'or in France, which serves as inspiration to restaurants first and then trickle into the mainstream. The following year, we see grocery stores and retailers introducing these same flavours and trends to give us home cooks a chance to play along. Next year will see us continue on a healthy/wholesome kick.

BY THERESA ALBERT, MYFRIENDINFOOD.COM

**Year of the whole beast ...**

"Nose to tail" cooking has been around for a few years as chefs strut their peasant pleasures and use up every bone and organ an animal can offer. Now, the idea has come home to roost. Look for "whole beast" parties to surge. Head on, big meals like roast suckling pig, whole duck on a spit and a whole salmon in a big backyard smoker will treat you this summer.

**... and the veggies**

As our global luck would have it, the opposite trend has taken hold as vegetarians, vegans and flexitarians take the reins. Veggies as a main dish won't be relegated to the sidebar. Look for kale, collards and other greens to be dressed for success with beans for the vegans and sausage or bacon for the rest to make a whole meal. It's a good thing too, because the numbers show that we still aren't eating nearly enough greens.

# 5

## Delicious food trends for 2013

**Off the rails taco fusions**

Tacos are king but it isn't just the ground beef and chili powder variety that will make the grade anymore. Look for fusion flavours with Asian cabbage and Harrisa paste in a classic corn tortilla. The wilder the combo, the cooler it will be. Creative textures, shapes and sizes of the shells will morph too ... ice cream cone filled with pulled chicken with crème fraîche, anyone?

**Seaweed so good**

Darwinian beings came from the sea and now we go back to it for taste and nutrients. Seaweed is a huge "new" (yet ancient) food. No longer just wrapped around sushi or as dulse from the east coast, expect to find it in crackers, breads, as a topping and a snack. Seaweed, after all, contains more minerals than any other food on the planet. Look for sushi nori to crop up in salads and other recipes, and flavoured seaweed to come to a potato chip aisle near you.

**The tiniest taste**

Mini-me is key. Everything small is big. Going further than the tapas trend, this one allows one mouthful of a pleasure to be enjoyed while leaving room for healthier fuel; baby burgers will incorporate herbs and greens, mini grilled cheese, mini corn dogs and super cute cubes of cake satisfy. Perhaps we have figured out that it doesn't have to be massive to hit the spot. (Here's hoping!)

**rainbow foods**

1487 Richmond Road  
Beltline Plaza (where Richmond & Gerbing cross)  
613-726-9200

**bulletpowered**

facebook /rainbownaturalfoods  
twitter @rainbownatfoods

**HAPPY NEW YEAR**

**LET RAINBOW FOODS HELP YOU MAKE 2013 A HEALTHY ONE.**

**THE HEALTHY CHOICE. FOR YOU. FOR LIFE. FOR 2013.**

**FROM RAINBOW FOODS!**

Visit [www.rainbowfoods.ca](http://www.rainbowfoods.ca) for specials and flyers

# CUSTOMER APPRECIATION DAY!

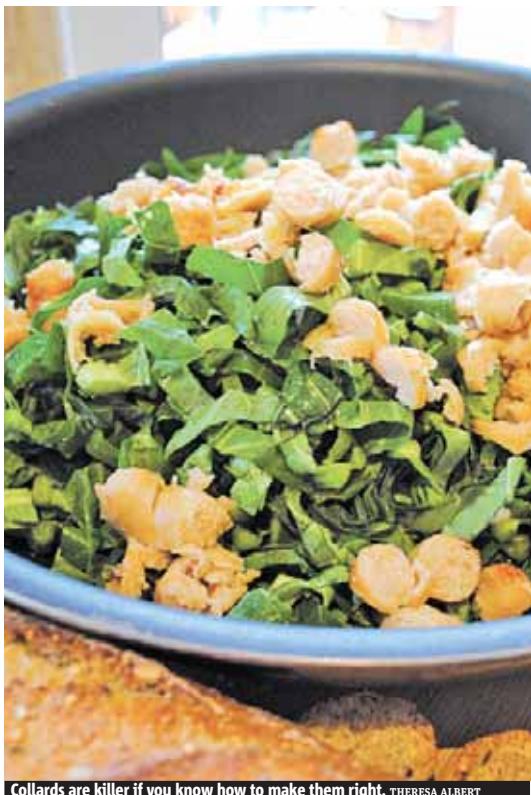
Monday December 31 9 – 5pm

**10% OFF most items in-store\***

Enjoy hot mulled cider and a treat. Indulge in a free mini-massage (10-3pm), hand reflexology (12-4pm) or tea leaf reading (12-3pm). Enter to win a gift basket worth over \$150. Come in and save!

(EXCLUDING BAKERY, DAIRY, EGGS, APPLIANCES AND SALE ITEMS)

# Collard Greens with Sausage



Collards are killer if you know how to make them right. **THERESA ALBERT**

Collard Greens are cheap and yet are one of the most popular vegetables. What a combo!

Many, though, don't know how to cook them. In the Southern U.S. they simmer them low and slow. Brazilians sliver them into thin strips and do a quick sauté. Our method is somewhere in the middle to save you time and keep the leaves al dente.

This flexitarian meal can be completely vegan or sausaged to the nines to suit your group. Keep toppings separate and serve as a main course with a crusty loaf of bread and some nice hummus or sharp cheese.

1. Rinse greens and chop off stems. Discard. Roll leaves width wise in stacks of 4 or 5 leaves. Slice thinly across the leaf (chiffonade) to create ribbons that are about  $\frac{1}{4}$  inch thick or less. Place into a large pot with a lid containing  $\frac{1}{4}$  cup of water. Bring to a boil, then turn down to simmer over medium-high heat to cook down for 15 minutes, stirring occasionally. Stir in butter, honey, salt and white pepper. Simmer fur-

ther for 15 minutes.

2. Place toppings in bowls on the table and serve with warm bread.

3. Enjoy!

**THERESA ALBERT**

## Ingredients

Serving Size: 8,  
prep time: 10 minutes

- 2 bunches collard greens — about 10 cups chopped
- 1/4 cup water
- 1 tbsp butter
- 1 tbsp honey
- 1 teaspoon salt (or less to taste)
- 1 teaspoon white pepper

## Toppings

- 2 cups cooked breakfast sausage, cooked bacon or canned white beans that have been warmed

**Sushi for dummies.** Add salmon, chicken or pork for extra taste



## Ingredients

Serves 4, Prep Time: 5 min

- 2 Cups, cooked, short grain rice (or any other leftover rice)
- 2-3 tbsp rice vinegar
- 1 tbsp soy sauce
- 1 cup sliced cucumber
- 1/2 cup grated or shaved
- 1/2 cup diced red pepper
- 2 sheets toasted nori, ripped or cut into pieces
- 1/2 avocado

1. Place rice on individual plates or bowls.

2. Season with vinegar and soy sauce — stir with a fork (so rice doesn't clump together).

3. Top with remaining ingredients.

**THERESA ALBERT**

Theresa Albert is a food communications consultant and nutritionist in Toronto. She is @theresaalbert on Twitter.



# Baby Spinach Burgers with Blue Cheese

**Yum.** Turkey beef burgers with a twist

1. Finely chop baby spinach and set aside. In a large bowl mix bread crumbs, egg, ketchup and Worcestershire and both ground meats.

2. Mix baby spinach into burger mixture.

3. Form 12 small oval patties with the burger mixture and set aside on a cookie sheet. Preheat a cast iron skillet, smear with

a drizzle of oil and wipe with paper towel. Cook 4 to 6 burger patties at a time over medium heat for 15 to 20 minutes, turning once or twice.

4. For Blue Cheese Sauce: mix sauce ingredients together in a small bowl to serve as topping.

5. Serve 2 to 3 mini burgers on whole wheat dinner rolls with a side salad or veggies to dip as an entree or just one as an appetizer.

6. Dig in!

**THERESA ALBERT**

## Ingredients

Serving size 4,  
prep time 15 minutes

- 1 cup spinach leaves
- 3/4 cup bread crumbs, seasoned
- 1 egg
- 2 tbsp ketchup
- Few shakes Worcestershire sauce
- 1 pound extra lean ground beef or bison
- 1/4 pound
- ground turkey
- 4 whole wheat dinner rolls

## Blue Cheese Sauce

- 1/2 cup plain low-fat yogurt
- 2 ounces blue cheese
- 1/2 tsp Dijon mustard
- salt and pepper



For an extra-lean version, try bison instead.

**THERESA ALBERT**

## Become a Health Industry Professional!

Health Office Administrator - 41 Week Diploma Program

The **Willis College** Health Office Administrator Diploma Program is an intensive 9-month program designed to prepare students for a career in Health Care. Graduates of the Willis College Health Office Administrator program can work in hospitals, medical offices, rehabilitation centres, long-term care facilities and work-from-home opportunities.



Ottawa • 613-233-1128 • williscollege.com

Other Campus: Smiths Falls



**WILLIS COLLEGE**  
OF BUSINESS, HEALTH AND TECHNOLOGY  
EST. 1896

# Horoscopes reveal what 2013 has in store

## Aries

March 21 - April 20

The New Year has arrived and with it loads of responsibilities. Expect to be thrown into uncanny situations throughout 2013 that will unfold into valuable lessons, ones that will teach you more about yourself than others.

## Taurus

April 21 - May 21

Career will be challenging for the first part of 2013. However, with patience by mid 2013 you will not drive yourself up the wall hoping for that perfect job because you will realize you are already in it, or magically you will be placed into it.

## Gemini

May 22 - June 21

Romance and personal relationships will be a concern in the first quarter of 2013, but by Spring you experience a shift in the romance department and your focus will mainly be on friendship and family. One tip for 2013: Try not to take people too seriously. Especially those who take themselves way too seriously!

## Cancer

June 22 - July 23

Think more progressive and positive. You have the tendency to over think things way past the point of healthy pondering and at times that causes you to undertake unnecessary emotional torment caused by thought. In 2013 you can flip the script just by flipping your thought pattern.

## Leo

July 24 - Aug. 23

This entire year will be one of personal challenges for you. Don't fret, these will be positive challenges. You will be learning facts about your character, ones that you may not like so much. Nevertheless, this will cause you to practice new personality skills and by 2014 you will feel like a new person.

## Virgo

Aug. 24 - Sept. 23

In 2013 people will appreciate that you do not have to be told what needs to be done. You just get it done. You will be viewed as on-the-ball and that means Managers, supervisors, co-workers, friends and family will flock to you for advice regarding a multitude of concerns.

## Libra

Sept. 24 - Oct. 23

Do not be discouraged when plans refuse to unfold according to your wishes, and especially in the love department. Expect fluctuations of high ups and low downs and you will not be disappointed when loved ones say one thing but do another. Just do your best to be your best and 2013 will be relatively cool.

## Scorpio

Oct. 24 - Nov. 22

Some people feel you can be harsh at times. Like the old saying goes "it's a dirty job, but someone's gotta do it" and you do it well because you know how to keep it real. So in 2013 when you are packing a punch do not second guess or guilt trip yourself... You gotta do what ya gotta do!



Career, romance, family — just check your astrological sign. ISTOCK IMAGES

## Sagittarius

Nov. 23 - Dec. 21

This will be a year of love, joy and peace for you. Of course there will be some bumpy roads during the ride, but nothing will be too much for you to handle. Winter brings love. Spring will offer joy in career. Summer brings peace. Fall will have you busy like a bee, but you will make loads of honey money.

## Capricorn

Dec. 22 - Jan. 20

In 2013 if anyone dares to impose havoc on you or anybody you care for, they will feel your wrath. Your authoritative side will rise in February and will not ease up until early Fall. Your gentle side will be reserved for those who behave.

## Aquarius

Jan. 21 - Feb. 19

Listen to your heart. It will speak loud and clear all throughout 2013. Your gut instinct will be on point and if you ignore your intuition you will want to kick yourself. So to prevent unnecessary upset, pay attention to your inner voice and follow through on what it is saying.

## Pisces

Feb. 20 - March 20

Money will flow to you more regularly in 2013, but first you will have to develop a better relationship with dollars and coins by saving your cash and refusing to spend frivolously. CERISE FAIRFAX, LIFE COACH AND ASTROLOGER (CERISEFAIRFAX.COM)

## GET CAREER READY IN LESS THAN ONE YEAR!



### DIPLOMA PROGRAMS IN: **BUSINESS**

**Accounting and Payroll Administrator**  

- 38 wk program
- Canadian Payroll Association (CPA) endorsed
- multiple accounting employment opportunities

#### Paralegal

- Accredited by the Law Society of Upper Canada
- 44 wk program including 4 wk co-op work placement

#### Travel Counsellor Online

- study on your time, from anywhere
- CITC endorsed

**CALL TODAY**  
Classes Starting Monthly!  
**613-722-7811**



### DIPLOMA PROGRAMS IN: **HEALTHCARE**

#### Medical Office Assistant

- 30 wk program including 4 wk co-op work placement
- 9 am or 1 pm class start time

#### Personal Support Worker

- 27 wk program including 11 wk co-op work placement
- NACC endorsed
- Full time and part time available

#### Pharmacy Technician

- 40 wk program with 8 wk co-op work placement
- CCAPP accredited

**ALGONQUIN CAREERS ACADEMY**

1830 Bank Street 613-722-7811 [www.algonquinacademy.com](http://www.algonquinacademy.com)

**Available anywhere.**  
Download the NEW Metro app today.

# Fed up fans to lock out NHL with boycott pledge



A view of an empty Rexall Place, home of the NHL's Edmonton Oilers. After months without hockey due to a lockout, will fans be back in the stands if the season returns in the new year? TIM SMITH/GETTY IMAGES FILE

**Just Drop It.** Campaign calls for hockey supporters to drop everything related to the sport after Dec. 21

 **PHYLICIA TORREVILLAS**  
Metro in Vancouver

Steve Chase and his friends pledge to boycott one NHL game for every game cancelled after Dec. 21 and they're sticking by it.

The 55-year-old commer-

cial director, a Montrealer who lives in Los Angeles, started a grassroots campaign called Just Drop It that encourages fans to drop everything hockey-related — no merchandise, no TV, no game tickets.

"We don't want to destroy our game," he told Metro. "We just want them to pay attention to us.... We decided a fair thing would be to just make it one for one. If you cancel a game, we cancel a game."

Chase created a video that has been viewed a total of 100,000 times on YouTube and Vimeo, as well as a Facebook

## Quoted

**"They will support the team at the end of the day no matter what."**

Dr. Joti Samra on the psychology of sports fans

page, which already has more than 19,000 likes.

"Our goal was to be heard," he said. "We're knocking on the door of that meeting saying, 'Guys, we're the people paying you. We're a little annoyed that you're disregarding and disrespecting us.'"

Chase said he hopes fans will live up to the pledge's

challenge.

"I hope people stick to it because we need to send a little bit of a message: 'Guys, don't do this again,'" he added.

But Dr. Joti Samra, host and psychologist on the Oprah Winfrey Network's Million Dollar Neighbourhood, said that fans may be upset

now about the contract negotiations, but they're not going to be able to resist the temptation.

"When it comes to sport we're pretty forgiving fans, whether our team is playing or not, whether they win or not," she said.

"It's frustrating now because for a lot of people the big part of their social activities revolve around sports, especially this time of year when the days are shorter, and people are inside more ... but fans are fans. They will support the team at the end of the day no matter what."

## Fan tweets

Will you tune in to hockey if the NHL returns in the new year?

**@taboad93:**  
I don't think so it's so sad with how they're handling the NHL lockout. It's dragging on badly

**@xonor8:**  
NO NO NO

**@dhfromkw:**  
Yes, good things are worth waiting for. MTS Centre is always electric. Love being part of it.

**@AlanSimpson:**  
No. What goodwill that was built by the return of the Jets is gone. Again.

**@Prmlar:**  
I plan to avoid as many @NHL games as are locked out, once a deal is reached. They lose this season, I'll skip 2013-14.

**@dkwesty:**  
NO!!! going to stay with WHL And Sylvan Lake Admirals etc.

# 4 SPORTS



**REGISTRATION: ONLINE ONLY**  
[www.ottawasportplus.com](http://www.ottawasportplus.com)

For more information:  
613-220-2266

**Adult Co-Ed Volleyball & Dodgeball Leagues**  
**RECREATIONAL TO COMPETITIVE LEVELS**

LEAGUES START LATE JANUARY 2013 AND RUN THROUGH TO APRIL 2013  
CHOOSE FROM MONDAY TO WEDNESDAY NIGHT PLAY  
JOIN AS A TEAM OR INDIVIDUAL

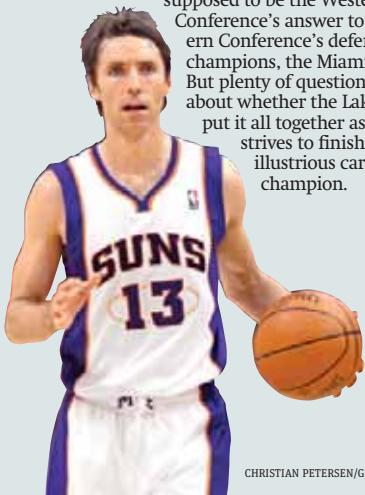


# Hot Canadian atheletes to watch

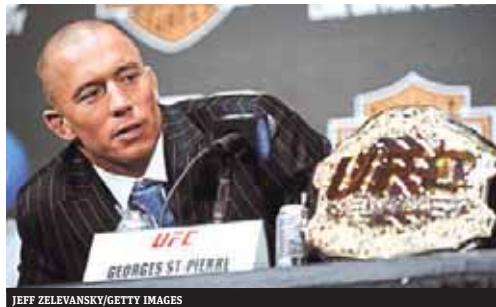
PHILIP CROUCHER AND MATTHEW WUEST  
Metro in Halifax

## Steve Nash

By the time the NBA playoffs roll around, the spotlight will be squarely on Vancouver's Steve Nash and the Los Angeles Lakers. The 38-year-old two-time most valuable player is in his 17th season and is still in search of his first NBA title. On a team loaded with big-name talent — Kobe Bryant, Dwight Howard, Pau Gasol and Metta World Peace — the Lakers are supposed to be the Western Conference's answer to the Eastern Conference's defending champions, the Miami Heat. But plenty of questions remain about whether the Lakers can put it all together as Nash strives to finish his illustrious career a champion.



CHRISTIAN PETERSEN/GETTY IMAGES



## Georges St-Pierre

It will without question be the biggest fight in MMA history. Montreal's Georges St-Pierre is expected to square off against UFC middleweight champion Anderson Silva sometime in 2013 in what is being dubbed simply the "super fight." St-Pierre and Silva are considered the best pound-for-pound fighters in MMA, and the showdown should finally put to rest the question of who is the best. St-Pierre goes into 2013 on a high after winning a blood-filled five-round decision over Carlos (Natural Born Killer) Condit in November to unify the welterweight title. He also showed he has lots left in the tank after missing 18 months due to knee surgery.



## Milos Raonic

With almost \$1.2 million in prize money and two tournament victories, 2012 was certainly kind to Toronto's Milos Raonic. But with success comes higher expectations and Canadian tennis fans from coast-to-coast will be looking for this 21-year-old power server to elevate his game even further in 2013. Fans will be watching closely at the four majors too, where Raonic went 8-4 this year. His best finish came at the U.S. Open where he made it to the quarter-finals before dropping a straight-sets decision to Andy Murray.

CRAIG BURKHARD/GETTY IMAGES FOR ATP WORLD

## Nathan MacKinnon

The electrifying forward from Cole Harbour, N.S., has been the front-runner to be selected No. 1 overall in the NHL draft for more than a year now. MacKinnon, 17, raises fans of the Halifax Mooseheads out of their seats with his high-octane speed and ability to score goals in bunches. He hails from the same hometown as Sidney Crosby — generating comparisons between the two despite significantly different styles of play — and is facing plenty of competition from Portland Winterhawks defenceman Seth Jones, among others. The battle could go right down to the wire on the draft stage at Prudential Center in Newark, N.J., on June 28.



METRO HALIFAX



## Graham DeLaet

Graham DeLaet isn't a household name to most Canadian golf fans but 2013 could be the year he becomes one. The Weyburn, Sask., native is coming off a solid season on the PGA Tour. DeLaet played in 23 tour events in 2012, made 17 cuts, finished in the top five twice and earned a cool \$1.05 million. His best finish was a tie for fourth in the Zurich Classic of New Orleans, and in the FedEx Cup playoffs DeLaet made it to the third round. All that's really left is his first PGA tour victory, which many think could happen in 2013.

**LET GERVAIS TAKE YOU  
AND YOUR CAR HOME SAFELY  
DON'T DRINK & DRIVE!**

**GERVAIS** TOWING & RECOVERY  
**613-747-4666**



MAX 4 PEOPLE

# Metro's crossword gift to you

## Across

- 1. Syrup or leaf
  - 6. NAFTA part
  - 11. Niagara Falls' Maid of the \_\_\_\_
  - 15. Russian city where Canada is now competing in hockey's 2013 World Juniors
  - 18. Recipe instructions phrase
  - 19. Mr. Quinn
  - 20. Venetian traveller Mr. Polo
  - 21. Chitchat
  - 22. "Baby Beluga" troubadour
  - 23. Prisoner 24601
  - 25. Ex \_\_\_\_
  - 26. Honest \_\_\_, Toronto
  - 28. F.D.R as F.R. instead
  - 29. "Star Trek" starship, partially
  - 30. Scarth Street locale
  - 32. Levy
  - 35. Tiara twinklers
  - 37. Tabula \_\_ (Clean slate)
  - 38. Newbie
  - 39. Etiquette expert in Metro
  - 47. Suzette's serving
  - 49. "Well, now!"
  - 50. Sea nymph
  - 51. Harmony
  - 52. Hairstyling request
  - 53. Cuts wood
  - 55. Moray catcher, say
  - 57. Close-fitting
  - 58. Deorbited space station
  - 59. WWI: Harry Colebourn's "Winnipeg" #62. #23-Across hide-away
  - 64. Natural \_\_\_\_
  - 65. What an extra might have in dialogue
  - 67. Elton John song
  - 69. Specialist

- 71. It culminates (federally) on April 14th, 2013
- 77. Network VIP
- 78. Ewoks' forest moon home
- 79. Comes forth
- 80. John A. Macdonald
- 82. Hockey great Mr. Mikita, and others
- 84. Justin Timberlake, formerly
- 87. Mini Martians
- 88. Beverage company
- 90. Shoulder scarf
- 92. Calendrier component
- 93. Patsy Gallant disco hit: "From New York \_\_\_\_"
- 95. Wee hours time

- 97. “\_you loud and clear.”
- 99. Movie studio
- 100. Quick bite
- 102. Marianas Trench and Hedley
- 106. Thunderstruck
- 107. Single-named supermodel
- 108. Utmost degrees
- 109. “Battle of the Blades” champ Ms. Bonhomme’s
- 111. Dancer’s move
- 114. Fruit drink
- 116. Oprah’s !\_ moment
- 118. Tom Mulcair’s letters
- 119. Snowy \_
- 120. Scotiabank \_(Literary award)
- 124. Toy company

- 128. Keanu's 'Matrix' role
- 129. Gnaw geologically
- 130. Falcon-headed deity
- 131. "1234" songstress
- 132. Caravansary
- 133. HGTV undertaking
- 134. Sluggish
- 135. Pup's protests!

**Down**

1. Feb.'s follower
2. Inman's beloved in "Cold Mountain" (2003)
3. Comp. file
4. Yann Martel's book-turned-movie

5. Barenaked Ladies' title lady, and others
6. \_\_ Mahal
7. Nothing: French
8. "Cash Cab" host
9. Mr. Lanois, U2 producer
10. Letter's ti'l jacket
11. Mil. ranks
12. Pique
13. Ancient Egypt's divine beetle
14. Gets in shape
15. Certain citrus
16. Gladly
17. "Dancing Queen" band
20. Real estate acronym
24. Kangaroo logo shampoo

27. Minute bit
31. Billionaire Bill
32. Company name abbr.
33. 007's drink
34. The Arctic Grail author
36. 'My' in Montreal
37. Freshen
40. Backpackers' lodging
41. Captain in 1956's "Moby Dick"
42. Lancome Paris perfume
43. Ms. Mirren's
44. They concern signage in Quebec
45. Quito is its cap.
46. Mr. Philbin, et al.
48. Royal realms

**(C) KELLY ANN BUCHANAN.  
DISTRIBUTED BY TORSTAR  
SYNDICATION SERVICES.**

**What's online**



Visit metronews.ca/answers for the solution to this Boxing Day crossword puzzle and for the latest news during the holidays. The answer to our regular crossword and sudoku will be printed in Metro on Jan. 2

# Sharability



easy

**hard**



IT'S BACK! FROM DEC.17<sup>TH</sup> TO DEC.29<sup>TH</sup> ONLY!



# EMPLOYEE PRICING

YOU PAY WHAT OUR EMPLOYEES PAY\*\*

## 2012 CRUZE LS+



GM EMPLOYEE PRICE

**\$16,708\***

OFFER INCLUDES FREIGHT, PDI, LEVIES & \$2,000 CREDIT\*

~~\$20,604~~ MSRP

- AIR CONDITIONING
- 6-SPEED AUTOMATIC TRANSMISSION

- POWER WINDOWS
- POWER LOCKS WITH REMOTE KEYLESS ENTRY

## 2013 EQUINOX LS



~~\$28,579~~ MSRP

GM EMPLOYEE PRICE  
**\$25,879\***

OFFER INCLUDES FREIGHT, PDI, LEVIES & \$500 CREDIT\*

- BLUETOOTH® WITH STEERING WHEEL CONTROLS
- POWER WINDOWS
- POWER LOCKS WITH REMOTE KEYLESS ENTRY
- AIR CONDITIONING
- BEST-IN-CLASS REAR SEAT LEGROOM\*

## 2013 SILVERADO EXT. CAB CHEYENNE EDITION 4X4



~~\$40,274~~ MSRP

GM EMPLOYEE PRICE  
**\$29,998\***

OFFER INCLUDES FREIGHT, PDI, LEVIES & \$6,000 CREDIT\*

OVER \$1,700 IN ADDED CONTENT

- 4.8L V8 ENGINE
- BLUETOOTH® WITH STEERING WHEEL CONTROLS
- AUTOTRAC™ 4x4
- CHROME ASSIST STEPS, DOOR HANDLES AND MIRROR CAPS
- EXCLUSIVE AUTOMATIC LOCKING REAR DIFFERENTIAL

PLUS CASH FOR CLUNKERS

UP TO \$3,000<sup>†</sup>

DO YOUR PART FOR THE ENVIRONMENT BY UPGRADING YOUR OLD VEHICLE TO A NEW PICKUP.

Recycle your 2006 model year or older vehicle and receive up to \$3,000\* towards the cash purchase, financing or leasing of an eligible 2012 or 2013 Chevrolet Silverado.

GET CREDITS UP TO \$11,500 ON REMAINING 2012 INVENTORY\*



THE BEST COVERAGE IN CANADA  
5 YEARS • POWERTRAIN COMPONENT LIMITED WARRANTY  
160,000 KM • ROADSIDE ASSISTANCE  
• ACCIDENT PROTECTION

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT,  
PDI AND MANDATORY GOVERNMENT LEVIES.  
Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to \$799 for Dealer fees.\*\*\*

visit us at:  
[www.ontariochevroletdealers.com](http://www.ontariochevroletdealers.com)

For the latest information, visit us at [chevrolet.ca](http://chevrolet.ca), drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. \*Offer applies to the purchase of 2012 Chevrolet Cruze LS and 2013 Chevrolet Cruze LT and 2012 Chevrolet Equinox LS and 2013 Chevrolet Equinox LT. GMCL is a manufacturer to dealer delivery credit (taxes exclusive) for 2012 Chevrolet Cruze and 2013 Chevrolet Equinox. 2012 Chevrolet Equinox 1500 Ext. & Crew Cab and 2013 Chevrolet Equinox 1500 Ext. & Crew Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. \*\*Freight & PDI (\$1,495-\$1,499-\$1,500-\$1,500), registration, air and tire levies and GMWC fees included. Insurance, license, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2012/2013 new or demonstrator models if the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). See dealer for details. \*\*\*Factory order or dealer trade may be required. GM Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC used under license. @Bluetooth is a registered trademark of Bluetooth SIG Inc. \*Comparison based on 2012 Ward's segmentation: Middle-Cross Utility Vehicle and latest competitive data available and based on the maximum legroom available. Excludes other GM brands. ††2013 Chevrolet Equinox LTZ, MSRP with freight, PDI & levies \$37,649. 2013 Silverado 1500 LT Ext. Cab with PDT & \$90, MSRP with freight, PDI & levies \$45,844. Dealers are free to set individual prices. Dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. \*\*Factory order or dealer trade may be required. GM Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC used under license. @Bluetooth is a registered trademark of Bluetooth SIG Inc. \*Comparison based on 2012 Ward's segmentation: Middle-Cross Utility Vehicle and latest competitive data available and based on the maximum legroom available. Excludes other GM brands. ††2013 Chevrolet Equinox LTZ, MSRP with freight, PDI & levies \$37,649. 2013 Silverado 1500 LT Ext. Cab with PDT & \$90, MSRP with freight, PDI & levies \$45,844. Dealers are free to set individual prices. Dealer order or trade may be required. Offer may not be combined with certain other consumer incentives. GMCL may modify, extend or terminate this offer, in whole or in part, at any time without notice. See dealer for details. ††To qualify for GMCL Cash For Clunkers incentive, you must: (1) turn in a 2006 or older MY vehicle that is in running condition and has been registered and properly insured in your name for the last 3 months (2) turn in a 2006 or older MY vehicle that is in running condition and has been registered and properly insured under a small business name for the last 3 months. GMCL will provide eligible consumers with a manufacturer to consumer incentive (tax inclusive) to be used towards the purchase/finance/lease of a new eligible 2012 or 2013 MY Chevrolet Colorado, GMC Canyon, Chevrolet Silverado, GMC Sierra, or Chevrolet Avalanche delivered between October 2, 2012 and January 2, 2013. Incentive ranges from \$1500 to \$3,000, depending on model purchased. Incentive may not be combined with certain other offers. By participating in the Cash For Clunkers program you will not be eligible for any trade-in value for your vehicle. See your participating GM dealer for additional program conditions and details. GMCL may modify, extend or terminate program in whole or in part at any time without notice.